

What Practical Advice Can You Give To Someone Who Wants To Implement Epicurean Principles As Quickly As Possible?

Post by “Cassius” of March 1, 2019 at 10:37 AM

This thread is for discussion of the FAQ entry found [here](#).

Post by “Hiram” of March 4, 2019 at 4:01 PM

Read the letter to

Menoceus <https://theautarkist.wordpress.com/2018/05/20/hap...ics-the-ethics/>

Post by “bradley.whitley” of March 7, 2019 at 11:32 AM

Very Helpful.

In trying to live unknown, I am minimizing my time at Social media sites, and I have unplugged from politics. I have discovered I find much pleasure in eating a simple apple, and smelling the fresh air. I also find much joy in animals. Even my marriage has become a pleasure. I hope to continue to learn more from this.

Post by “Cassius” of March 7, 2019 at 5:02 PM

Very good and thanks for posting Bradley!