

## Video on "Confidence"

**Post by "Cassius" of January 20, 2026 at 6:40 PM**

Here's a video suggested to me by a forum participant. It's not Epicurean specifically or philosophy-oriented in general. However think the attitudes and issues discussed here would be very good to think about for anyone considering how Epicurean philosophy can lead to greater confidence in everyday life:

<https://youtu.be/nV2CInExpWw>

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**Post by "kochiekoch" of January 21, 2026 at 4:28 PM**

I have great confidence in this video! 😊

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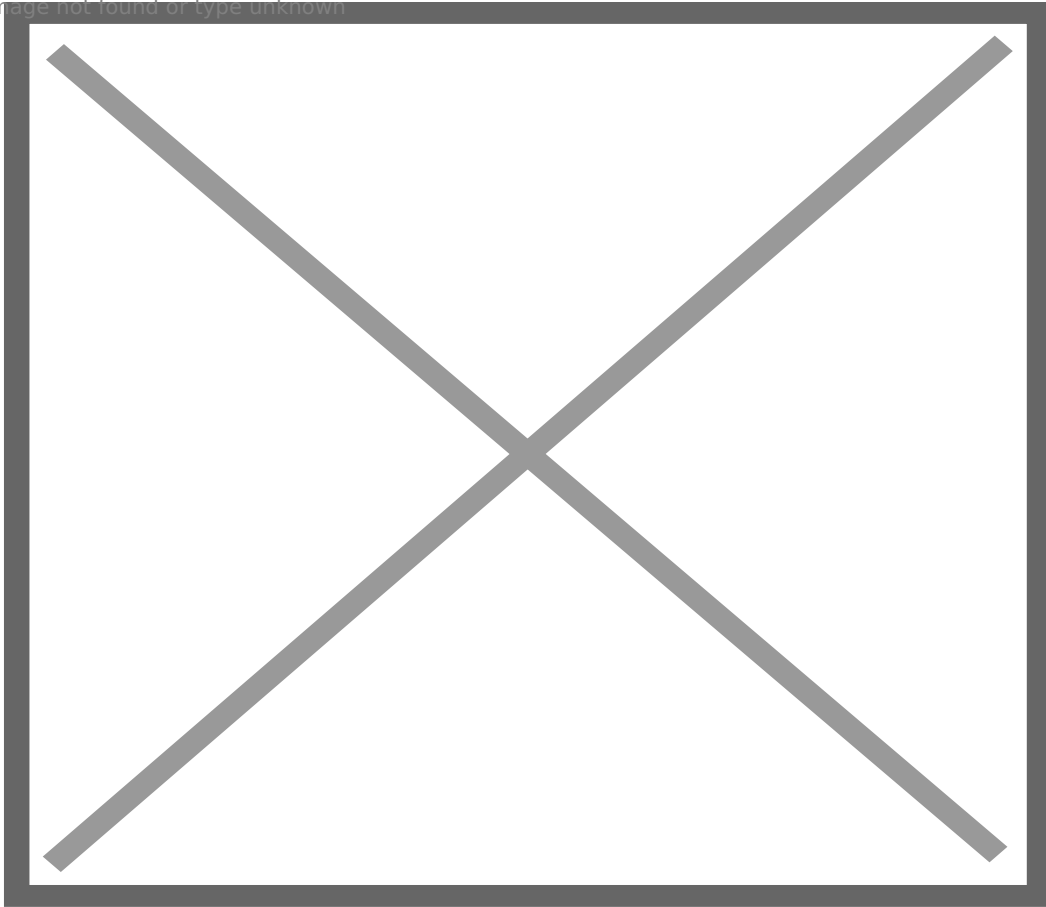
**Post by "Cassius" of January 21, 2026 at 4:44 PM**

On of the most on-point quotes on Epicurean confidence. Cicero is intending it to be a slam, but coming from an Academic Skeptic like Cicero, anyone who takes a position on anything of substance is a raving madman!

### Quote

Hereupon Velleius began, in the confident manner (I need not say) that is customary with Epicureans, afraid of nothing so much as lest he should appear to have doubts about anything. One would have supposed he had just come down from the assembly of the gods in the intermundane spaces of Epicurus! "I am not going to expound to you doctrines that are mere baseless figments of the imagination, such as the artisan deity and world-builder of Plato's *Timaeus*, or that old hag of a fortuneteller the *Pronoia* (which, we may render 'Providence') of the Stoics; nor yet a world endowed with a mind and senses of its own, a spherical, rotatory god of burning fire; these are the marvels and monstrosities of philosophers who do not reason but dream.

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[Velleius From On The Nature Of The Gods - Epicureanfriends.com](http://www.epicureanfriends.com)  
[www.epicureanfriends.com](http://www.epicureanfriends.com)