

# **Sunday, October 19 and 26, 2025 - Sunday Zoom Discussion Topic - "After I Identify Pleasure As The Focus Of Life, Which Pleasures Should I Pursue?"**

**Post by "Cassius" of October 15, 2025 at 7:55 PM**

The topic for this coming Sunday's Zoom is still undetermined. Would anyone like to make a suggestion of something that has been on their mind? If so place it in this thread, and by Friday I'll post the plan for the meeting.

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**Post by "Cassius" of October 16, 2025 at 10:30 AM**

Let's use this thread about a new FAQ Entry as our discussion this Sunday. Please feel free to add comments to that thread and we'll discuss on Sunday our latest thoughts.

Thread

**[After I Identify Pleasure As The Focus of Life, Which Pleasures Should I Pursue? \(FAQ Entry Discussion\)](#)**

This is a first draft of an entry on this topic for the FAQ section.

I consider the heart of what needs expansion not to be the discussion of natural and necessary, but - *after we have obtained what is necessary, and once we have identified that unnatural desires have no limit and should not be pursued* - how we personally answer the question of how to decide from among the options that that are available to us.

We hitting in other places and will establish elsewhere that (1) pleasure IS the...



Cassius

October 16, 2025 at 10:27 AM

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**Post by "Cassius" of October 26, 2025 at 2:25 PM**

<https://www.epicureanfriends.com/thread/4763-sunday-october-19-and-26-2025-sunday-zoom-discussion-topic-after-i-identify-plea/>

Thanks to [Matteng](#) for being with us today! Glad to have you and please join us whenever you can! Also good to see [sanantoniogarden](#) again! We had a total of 12 people today so thanks to everyone who was able to be with us.