

Posting quality that we hope to see here on the forum

Post by “Kalosyni” of July 31, 2025 at 5:51 PM

Here is an update to let you know that the forum is in need of posts that are of a certain quality. What might that mean?...here are some guidelines:

1) New registrants - In your Welcome thread - you can tell us a little bit about:

- how you found the forum
- what got you thinking about studying Epicureanism
- what aspects of Epicureanism interest you the most
- what you have studied or read so far about Epicureanism (articles, books, YouTube)
- any previous study of other philosophies
- what country or region you are now living in

2) Ask questions:

Your questions need to reflect that you have already done some study of the basic concepts of Epicurean philosophy. We provide Epicurean texts and other materials that you should look over before asking your question. It is recommended that you read the [The Principal Doctrines](#) and the [Letter to Menoecus](#). Also, an introduction to Epicurean ethics can be found in the book "Living for Pleasure" by Emily Austin, and there is a more detailed book which covers physics, canonics, and ethics, by Norman DeWitt: "The Philosophy of Epicurus". If you do not have the funds to buy either of those books, you can instead spend some time reading through the various forums to gain a full understanding of Epicurean philosophy. When you feel you have a question, please find the appropriate forum to place your question. If you do not know where to post, then you can either ask your question in your Welcome thread or message the admin to ask where to post it.

3) Post comments and commentary, new information on Epicureanism, and study resources:

- We welcome commentary on Epicurean texts which increases clarity and aids in a deeper understanding.
- Reviews of scholarly works (articles/books) on Epicurean philosophy which align with the Classical Epicurean interpretation (Epicurean not Neo-Epicurean).
- Info about new translations of Epicurean texts (include info about the new translation and its author).
- Forum member authored study resources.
- Comments in reply to previous posts which have a "value-added" quality which demonstrate a level of philosophical insight.

Please be aware that the admin reserves the right to move your posts to a new location when deemed necessary.

Improper posting (repeatedly posting into the wrong thread) or poor quality of posts (questions that indicate that you have not yet studied the basic introductory material) will result in demotion to "01- Level One", at which time posting will be limited to your Welcome thread.

A good place to start your study of Epicurean philosophy is on our wiki page:

[EpicureanFriends Wiki](#)