

January 19, 2025 - 1pm ET - "Applying Epicurus Accurately" Livestreaming Event

Post by "Kalosyni" of December 28, 2024 at 11:03 AM

EpicureanFriends.com

Livestreaming Event:

"Applying Epicurus Accurately"

Jan. 19th, 2025 - 1pm ET

Presentations by:

Cassius, Don, Joshua,
Bryan, and Kalosyni

<https://www.epicureanfriends.com/thread/4198-january-19-2025-1pm-et-applying-epicurus-accurately-livestreaming-event/>

Presentations followed by

round table discussion

Hi Everyone! We are charting new territory starting in 2025!

Mark your calendar for our first livestreaming event on January 19, 2025 at 1:00pm ET!

We will have presentations by Cassius, Don, Joshua, Bryan, and Kalosyni -- Presentations will be followed by a round table discussion and live chat. Topics are:

"Applying Epicurus Accurately - The Epicurean Paradigm Shift" - Cassius will introduce the topics to be presented in the livestream and address several key topics on which Epicurus is often misunderstood.

"Bread and Water: Debunking the Idea of Epicurean Asceticism" - Don will explain how it is a fallacy that Epicurus was an ascetic, and how one of the pillars of that view - that Epicurus promoted an austere diet - is incorrect.

"Epicurus on the Perils of Applying Geometry to Ethics" - Joshua will present on how Epicurus diagnosed the error of attempting to apply geometric reasoning to ethical questions.

"An Elementary Fact Worth Bearing in Mind" - Bryan will present on translation issues using an example from the letter to Herodotus where Epicurus described an elementary fact worth remembering.

"Moderation in All Things is Not Always the Prudent Course" - Kalosyni will explain how Epicurus advised "prudence" - rather than "moderation" - as the key to happy living.

Each presentation will last approximately twenty minutes, and at the end the presenters will assemble for a panel discussion of the topics, including responses to questions or comments received from the livestream chat.

Post by "Kalosyni" of January 1, 2025 at 10:01 AM

EpicureanFriends.com Livestreaming Event:



"Applying Epicurus Accurately"

January 19, 2025 - 1pm ET



- "Applying Epicurus Accurately - The Epicurean Paradigm Shift" - presentation by Cassius
- "Bread and Water: Debunking the Idea of Epicurean Asceticism" - presentation by Don
- "Epicurus On the Perils Of Applying Geometry to Ethics" - presentation by Joshua
- "An Elementary Fact Worth Bearing in Mind" - presentation by Bryan

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Hi Everyone! Here is an update with more details on our upcoming livestream event, on January 19th at 1:00 pm ET!

We will use our YouTube channel for livestreaming ([click here to check out the EpicureanFriends YouTube page](#)) and plan to set up a chat at that location where listeners can provide live feedback.

Here is our line-up with presentation descriptions:

"Applying Epicurus Accurately - The Epicurean Paradigm Shift" - Cassius Amicus, administrator of the EpicureanFriends.com forum and a co-host of "The Lucretius Today Podcast," will introduce the topics to be presented, and start with an explanation of a number of key topics on which Epicurus is often misunderstood.

"Bread and Water: Debunking the Idea of Epicurean Asceticism" - Don Boozer, longtime EpicureanFriends contributor, will explain how it is a fallacy that Epicurus was an ascetic, and how one of the pillars of that view - that Epicurus promoted an austere diet - is incorrect.

"Epicurus on the Perils of Applying Geometry to Ethics" - Joshua Elbert, co-administrator at EpicureanFriends and co-host of "The Lucretius Today Podcast", will explain how Epicurus diagnosed and remedied the error of those who seek to apply geometric reasoning to ethical questions.

"An Elementary Fact Worth Bearing in Mind" - Bryan, longtime EpicureanFriends contributor, will examine several different translations of Diogenes Laertius' *Lives and Opinions of Eminent Philosophers*, Book 10, Section 47 (on physics) and explain the process of evaluating options when translators disagree.

"Moderation in All Things is Not Always the Prudent Course" - Kalosyni, EpicureanFriends event coordinator, will explain how Epicurus focused on "prudence" - rather than "moderation" - as a key to happy living.

Panel discussion and closing comments - After the presentations, Cassius Amicus will lead the panel in discussion of final comments on these topics, addressing comments and questions submitted by views in the livestream.

Post by "kochiekoch" of January 1, 2025 at 3:37 PM

Busy time for me, but I'll catch up on the video.

Admin Edit - Jan. 2, 2025 9:45am ET

The remainder of this post was moved to facilitate the best location:

Post

[RE: A "Bread and Water" Question](#)

Hmmm..., the bread and water diet wouldn't be the best one. Not only would you run into nutritional problems, but you'd also get really tired of it! I suspect that would be true of other things in a person's lifestyle.

[How to survive on a bread and water diet](#)

>>But even sourdough might not be enough to survive. Eventually, just like [the potato scenario](#), you would probably run into nutritional deficiencies. Even sourdough bread made with wild yeast, bacteria, and whole grains likely will not provide...



kochiekoch

January 1, 2025 at 3:37 PM


Post by "Cassius" of January 2, 2025 at 9:10 PM

From [Elli Pensa](#):

First of all, I would like to express my warm congratulations to all Epicurean friends who will participate in this special livestream! Indeed, this will be a great opportunity to clear up many misunderstandings surrounding the name of our beloved philosopher Epicurus.

I would also like to suggest an idea to our friends: as an introduction and just before this special livestream begins, there could be a nice "sound effect", for example, with this paragraph from [Epicurus' letter to Menoecus](#), which has been reconstructed in the ancient Greek-Attic dialect by Mr. Ioannis Stratakis.

https://www.youtube.com/watch?v=bO2A01ol_ic

Also, as a conclusion and at the end of the livestream, we could ask our friend Bryan to read a small excerpt from Lucretius' DRN in Latin. In my opinion, it will be like hearing these two great figures, Epicurus and Lucretius, speaking to us live in their own languages! 

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Post by “Cassius” of January 2, 2025 at 9:14 PM

[Don](#) and [Bryan](#) that site Elli is linking to looks interesting. Quite possibly we've seen it before but my memory doesn't recall at the moment, just wanted to be sure you saw it -

Post by “Don” of January 2, 2025 at 9:58 PM

Podium Arts is great. Stratakis does an excellent job. I actually purchased the full letter to Menoecus.

Post by “Godfrey” of January 13, 2025 at 8:29 PM

Will the livestream be recorded for viewing later by those unable to attend live?

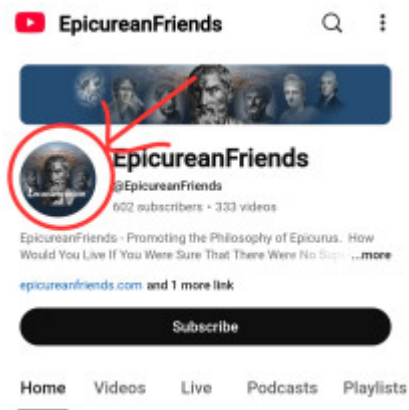
Post by “Joshua” of January 13, 2025 at 11:26 PM

That is the plan, [Godfrey](#)!

Post by “Joshua” of January 16, 2025 at 1:11 AM

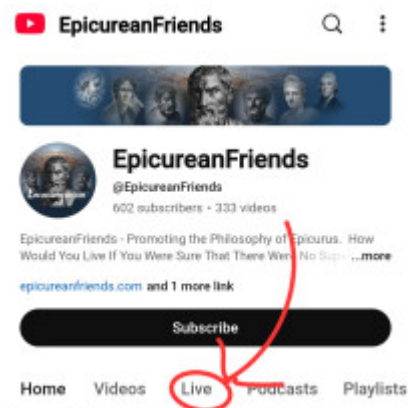
We tested the Zoom to YouTube process this evening.

On the day of the livestream, navigate to the [EpicureanFriends YouTube Channel](#) and click on the logo shown here;



While the livestream is active this logo will have a red ring around it.

After the livestream ends, YouTube will put the recording under the live tab;



[This](#) is the link for the EpicureanFriends YouTube Channel.

Post by “Cassius” of January 17, 2025 at 5:59 PM

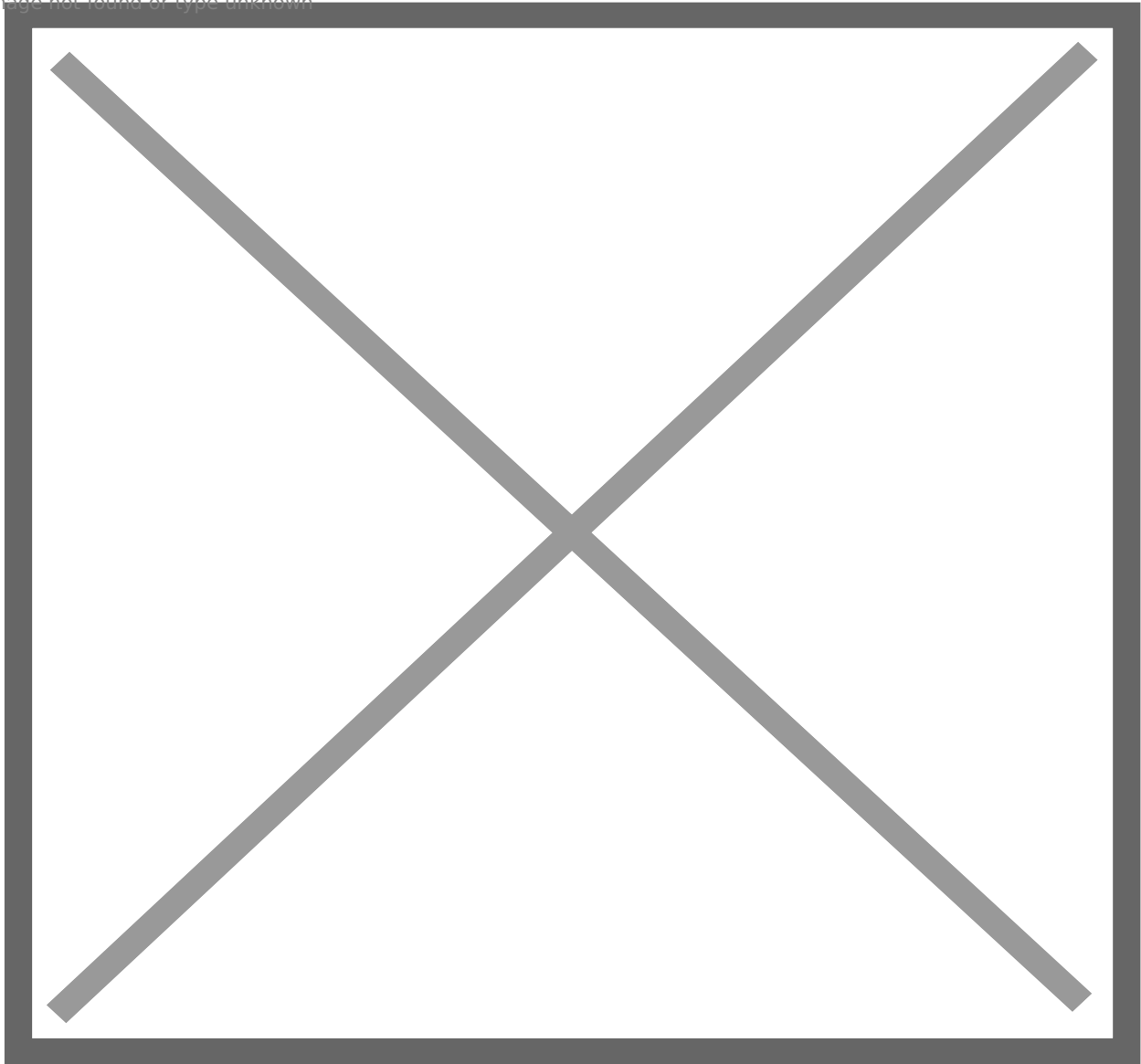
Remember our upcoming Livestream "[Applying Epicurus Accurately](#)" this Sunday the 19th at 1:00 PM EST! Please [go here for the Youtube stream](#), where we will watch the chat and take your questions. Join us if you can!

Post by “Cassius” of January 17, 2025 at 6:19 PM

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Updated Facebook Announcement -

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[Epicurean Philosophy | **Reminder: Thi**s coming Sunday \(the 19th\) at 1:00 pm EST, Epicureanfriends is sponsoring a YouTube livestream on the topic "Applying Epicurus Accur... | Facebook](#)

Reminder: This coming Sunday (the 19th) at 1:00 pm EST, Epicureanfriends is sponsoring a YouTube livestream on the topic "Applying Epicurus Accurately."...
www.facebook.com

Post by “Kalosyni” of January 19, 2025 at 9:50 AM

<https://www.epicureanfriends.com/thread/4198-january-19-2025-1pm-et-applying-epicurus-accurately-livestreaming-event/>

Today is the big day! Our livestream event takes place at 1:00 pm ET! All the presenters have worked very hard, and for all of you who love the study of Epicurus, these presentations are sure to bring new insights.

We will use our YouTube channel for livestreaming -- [click here to go to the EpicureanFriends YouTube livestreaming](#) (see [post 9](#) above for Joshua's additional instructions for viewing the livestream). We will have live chat at that location where listeners can provide live feedback and ask questions.

Here is our line-up with presentation descriptions:

- **"Applying Epicurus Accurately - The Epicurean Paradigm Shift"** - Cassius Amicus, administrator of the EpicureanFriends.com forum and a co-host of "The Lucretius Today Podcast," will introduce the topics to be presented, and start with an explanation of a number of key topics on which Epicurus is often misunderstood.
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- **"Moderation in All Things is Not Always the Prudent Course"** - Kalosyni, EpicureanFriends event coordinator, will explain how Epicurus focused on "prudence" - rather than "moderation" - as a key to happy living.
- **Panel discussion and closing comments** - After the presentations, Cassius Amicus will lead the panel in discussion of final comments on these topics, addressing comments and questions submitted by viewers in the livestream.