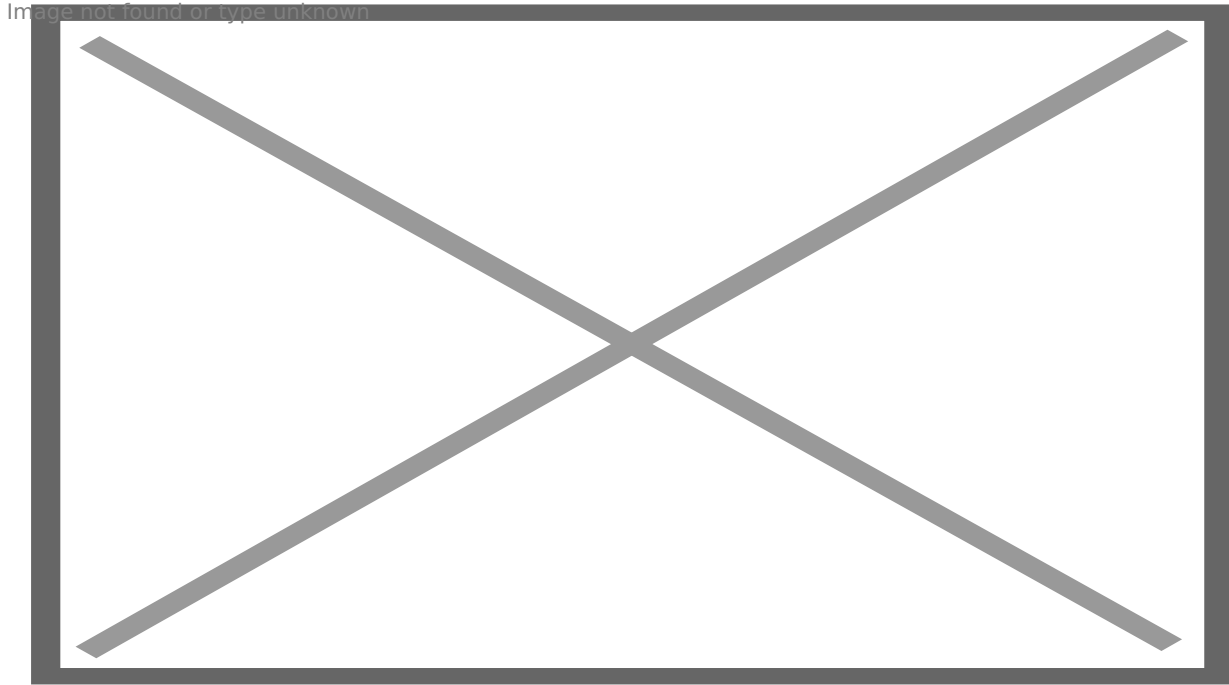


Anticipation - Modern Research

Post by “Kalosyni” of December 7, 2024 at 12:02 PM

Here is an interesting article:



[I taught rats to drive a car, and it may help us lead happier lives](#)

Teaching rats to drive a tiny car around a laboratory taught scientists a lot about the benefits of anticipating the joy brought by the things we love.

www.bbc.com

Post by “Don” of December 7, 2024 at 12:23 PM

Quote

As animals - human or otherwise - navigate the unpredictability of life, anticipating positive experiences helps drive a persistence to keep searching for life's rewards. In a world of immediate gratification, these rats offer insights into the neural principles guiding everyday behaviour. Rather than pushing buttons for instant rewards, they remind us that planning, anticipating and enjoying the ride may be key to a healthy

brain. That's a lesson my lab rats have taught me well.

This finding dovetails nicely with Epicurus' contention that anticipating future pleasure IS pleasure. Fascinating article! Thanks, [Kalosyni!](#)