

Want some good book recommendations like "Living for pleasure" by Emily Austin

Post by "UnPaid_Landlord" of July 6, 2024 at 12:03 AM

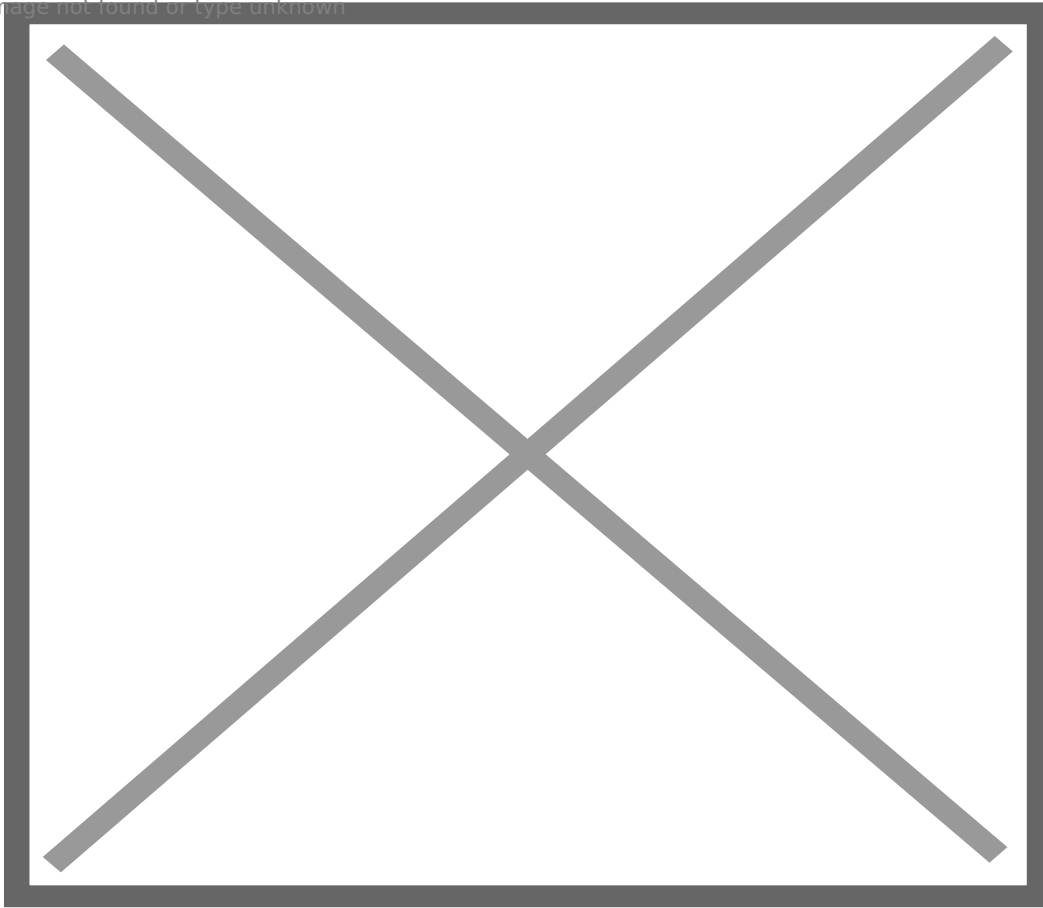
I came here on this platform after reading the book "living for pleasure" By Emily Austin, she is a good writer and that book helped me a lot, and I am interested in reading more gems of such kind, so I would really appreciate it if you recommend me some good books on Epicureanism that you liked, (preferably about Ethics, but metaphysics and Epistemology also works), and it should not be a heavy book, heavy in the sense of having too many pages or being too complex, thank you.

Post by "Cassius" of July 6, 2024 at 6:38 AM

There are not many books like "Living For Pleasure" which I personally would recommend. [Haris Dimitriadis' "Epicurus and the Pleasant Life"](#) probably would be next on a list geared to your specifications. You might also like Catherine Wilson's [How To Be An Epicurean](#).

The [recommended reading](#) list in our FAQ is geared toward helping people read the works of the ancient Epicureans directly, as that is a far more accurate way to find out what Epicurus really taught:

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[Can You Suggest A Reading List For Learning About Epicurus? - Epicureanfriends.com](https://www.epicureanfriends.com)
www.epicureanfriends.com

Less in line with your specification to be short would be:

1 - [Norman DeWitt's Epicurus and His Philosophy](#), which is the best "textbook" treatment of Epicurean Philosophy

2 - [A Few Days in Athens](#) - which conveys Epicurean philosophy in Fiction form but is probably the most true-to-form original work on Epicurus written since the ancient world. You can read that online here: [AFewDaysInAthens.com](#)

Post by “Cleveland Okie” of July 10, 2024 at 11:40 PM

Emily Austin's book is my favorite, too, and I also kind of like *Epicurus and the Pleasant Life*. Hiram Crespo's *Tending the Epicurean Garden* is kind of up and down for me, but it has its moments. But I also wanted to put in a good word for a book I just finished, *Epicureanism* by Tim

<https://www.epicureanfriends.com/thread/3952-want-some-good-book-recommendations-like-living-for-pleasure-by-emily-austin/>

O'Keefe, which has a good overview of the whole philosophy and has a big section on the ethics. It's not a very long book, but it is definitely a work of philosophy, written for people with a serious interest, although it does seem to be aimed at undergraduates.

Post by “Raphael Raul” of August 23, 2024 at 9:57 PM

I have been reading and recommend "On Epicurus" by Norman Lillegard which clearly breaks down all the fundamentals of Epicurean philosophy. And have been reading "The Pocket Epicurean" which is a short and well written guide to Epicurean ideas.

Post by “Eoghan Gardiner” of September 8, 2024 at 9:03 AM

Emily book is the best I have read tbh.