

Recent Research on Friendship

Post by “Pacatus” of May 28, 2024 at 8:34 PM

An article on recent research into the importance of friendship. (I’m an introvert, but I’m fortunate to live with my best friend.)

<https://www.washingtonpost.com/wellness/2024/05/28/in-person-friendships-health-benefits/>

Post by “Pacatus” of December 28, 2024 at 6:46 PM

Another article on the importance of friendship, from El Pais:

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[Robin Dunbar, anthropologist: 'A good network of friends increases your life expectancy'](#)

The British researcher defends the validity of his most famous theory, 30 years after formulating it. Despite social media, he explains that humans can only...

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<https://www.epicureanfriends.com/thread/3878-recent-research-on-friendship/>