

# Episode 221 - Cicero's On Ends - Book Two - Part 28 - Cicero Alleges Pleasures Of The Mind Cannot Offset Pain In Epicurean Philosophy

Post by "Cassius" of March 30, 2024 at 12:19 PM

Welcome to Episode 221 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world. Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at [EpicureanFriends.com](http://EpicureanFriends.com), where you will find a discussion thread for each of our podcast episodes and many other topics.

This week we continue our discussion of Book Two of Cicero's On Ends, which is largely devoted Cicero's attack on Epicurean Philosophy. Going through this book gives us the opportunity to review those attacks, take them apart, and respond to them as an ancient Epicurean might have done, and much more fully than Cicero allowed Torquatus, his Epicurean spokesman, to do.

Follow along with us here: [Cicero's On Ends - Complete Reid Edition](#). Check any typos or other questions against the original PDF which can be found [here](#).

Last week we started with the question raised by Cicero at the beginning of Section XXXII - Is it a contradiction in Epicurean Philosophy for Epicurus to consider that Pain is the Greatest Evil, and yet to also hold that the Happy Man will sometimes experience pain? We will return to that question at the beginning of this episode and then proceed through Section XXXII:

XXXII. But to return to our theme (for we were speaking about pain when we drifted into the consideration of this letter) we may now thus sum up the whole matter: he who is subject to the greatest possible evil is not happy so long as he remains subject to it, whereas the wise man always is happy, though he is at times subject to pain; pain therefore is not the greatest possible evil. Now what kind of statement is this, that past blessings do not fade from the wise man's memory, but still that he ought not to remember his misfortunes? First, have we power over our recollections? I know that Themistocles, when Simonides, or it may be some one else, offered to teach him the art of remembering, said: I would rather learn the art of forgetting; for I remember even the things I do not wish to re- member, while I cannot forget what I wish to forget. He had great gifts; but the truth is really this, that it is too domineering for a philosopher to interdict us from remembering things. Take care that your commands be not those of a

Manlius or even stronger; I mean when you lay a command on me which I cannot possibly execute. What if the recollection of past misfortunes is actually agreeable? Some proverbs will thus be truer than your doctrines. It is a common saying: Fast toils are agreeable; and not badly did Euripides say (I shall put it into Latin if I can; you all know the line in Greek): Sweet is the memory of toils that are past. But let us return to the subject of past blessings. If you spoke of such blessings as enabled Gaius Marius, though exiled, starving, and immersed in a swamp, to lighten his pain by re-calling to mind his triumphs, I would listen to you and give you my entire approval. Indeed the happiness of the wise man can never be perfected, or reach its goal, if his good thoughts and deeds are to be successively effaced by his own forgetfulness,

But in your view life is rendered happy by the remembrance of pleasures already enjoyed, and moreover those enjoyed by the body. For if there are any other pleasures, then it is not true that all mental pleasures are dependent on association with the body. Now if bodily pleasure, even when past, gives satisfaction, I do not see why Aristotle should so utterly ridicule the inscription of Sardanapallus, in which that king of Syria boasts that he has carried away with him all the lustful pleasures. For, says Aristotle, how could he retain after death a thing which, even when he was alive, he could only feel just so long as he actually enjoyed it? Bodily pleasures therefore ebb and fly away one after another, and more often leave behind them reason for regret than for remembrance. Happier then is Africanus when he thus converses with his country: Cease, Rome, thy enemies to fear, with the noble sequel: For my toils have established for thee thy bulwarks. He takes delight in his past toils; you bid him delight in his past pleasures; he turns his thoughts once more to achievements, not one of which he ever connected with the body; you wholly cling to the body.

XXXIII. But how is this very position of your school to be made good, namely that all intellectual pleasures and pains alike are referable to bodily pleasures and pains? Do you never get any gratification (I know the kind of man I am addressing) - Do you, then, Torquatus, never get any gratification from anything whatever for its own sake? I put on one side nobleness, morality, the mere beauty of the virtues, of which I have already spoken; I will put before you these slighter matters; when you either write or read a poem or a speech, when you press your inquiries concerning all events, and all countries, when you see a statue, a picture, an attractive spot, games, fights with beasts, the country house of Lucullus (for if I were to mention your own, you would find a loop-hole, you would say that it had to do with your body) — well then, do you connect all the things I have mentioned with the body? Or is there something which gives you gratification for its own sake? You will either shew yourself very obstinate, if you persist in connecting with the body everything that I have mentioned, or will prove a traitor to the whole of pleasure, as Epicurus conceives it, if you give the opposite opinion.

But when you maintain that the mental pleasures and pains are more intense than those of the body, because the mind is associated with time of three kinds, while the body has only consciousness of what is present, how can you accept the result that one who feels some joy on my account feels more joy than I do myself? But in your anxiety to prove the wise man happy,

because the pleasures he experiences in his mind are the greatest, and incomparably greater than those he experiences in his body, you are blind to the difficulty that meets you. For the mental pains he experiences will also be incomparably greater than those of the body. So the very man whom you are anxious to represent as constantly happy must needs be sometimes wretched; nor indeed will you ever prove your point, while you continue to connect everything with pleasure and pain.

Hence, Torquatus, we must discover some other form of the highest good for man; let us abandon pleasure to the beasts, whom you are accustomed to summon as witnesses about the supreme good. What if even beasts very often, under the guidance of the peculiar constitution of each, shew some of them kindness, even at the cost of toil, so that when they bear and rear their young it is very patent that they aim at something different from pleasure? Others again, rejoice in wanderings and in journeys; others in their assemblages imitate in a certain way the meetings of burgesses; in some kinds of birds we see certain signs of affection, as well as knowledge and memory; in many also we see regrets. Shall we admit then that in beasts there are certain shadows of human virtues, unconnected with pleasure, while in men themselves virtue cannot exist unless with a view to pleasure? And shall we say that man, who far excels all other creatures, has received no peculiar gifts from nature?

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## **Post by “Cassius” of March 31, 2024 at 2:12 PM**

Given the significance of the subject of memory in this episode, I have set up a new section so we can carry that discussion into the future and see its importance as an Epicurean virtue:

Thread

### **[The Art of Remembering](#)**

In the Lucretius Today podcast that we recorded today (Episode 221) we ran into a substantial passage where Cicero attacked Epicurus' stress on remembering the pleasures of the past as a means of offsetting pains in the present. Cicero went on at length questioning whether we can control our memories at all, and called into question both the possibility and the efficacy of the use of memories of past pleasures.

[...]

When combined with the regular meetings and birthday celebrations and use of...



Cassius

March 31, 2024 at 2:11 PM

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### **Post by “Cassius” of March 31, 2024 at 6:11 PM**

Lucretius Today Podcast Episode 221 - Cicero's On Ends - Book Two - Part 28 - "**Cicero Alleges Pleasures Of The Mind Cannot Offset Pain In Epicurean Philosophy**" Is Now Available -

<https://www.spreaker.com/episode/59241469>

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### **Post by “Don” of March 31, 2024 at 7:18 PM**

Wow! You are quick with the editing for this episode! Kudos to Cassius!

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### **Post by “Cassius” of March 31, 2024 at 8:13 PM**

You're welcome! Wanted to give everyone time to hear these two so we can prepare for our special episode with Don subbing for Joshua while he is watching the eclipse.

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### **Post by “Cassius” of April 7, 2024 at 9:05 AM**

From Facebook:

[Anthony Adams](#)

Loved this podcast! It seems that Cicero is intent on denying that the good can be derived from the duality that man is made of, mind and body. He is intent on extolling only virtues and

<https://www.epicureanfriends.com/thread/3781-episode-221-cicero-s-on-ends-book-two-part-28-cicero-alleges-pleasures-of-the-mi/>

believes they can only come from a mind that is virtuous in and of its self. One would have to be born with a virtuous mind as any experience of pain or pleasure in the body is to be discounted. This is not in accordance with nature and reality.

I wonder if one could flip Cicero's argument that since we Epicureans believe in bodily pleasure as a good we cannot be serious about the power of mental pleasure...since we say all pleasure has root in/ or is impossible without bodily or sensory pleasure. One could ask what is the virtue of temperance with out the body? Can the mind be temperate without the body sensing pain or pleasure? Can one have courage without a body? How can one have courage if there is no fear of bodily harm to overcome. How about Justice? With no bodily punishment or reward how is justice dealt out, by words of praise or condemnation? Tongues and ears are required for that. So Cicero you do not believe virtue is an end in and of itself as you have to admit that the body and its sense of pain and pleasure is needed in order to determine what is virtuous.

It seems that Cicero's ideal of virtue for virtues sake can only exist in a mind without a body or a body without sensation...and all observable nature indicates to us that this is an absurd idea.

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## **Post by "Cassius" of April 7, 2024 at 9:05 AM**


### **From Facebook in Response to Anthony Adams**

#### **[Elli Pensa](#)**

Admin

Top Contributor

Cicero all of his life was following his teacher Platos' first principles who said that a) A perfect being (god) was the demiurge who knew "geometry", felt lonely and one day decided to create the one and only this world of ours that is a reflection of his perfect world b) There is an idea of an absolute justice that exists in the god's world and it is reflected in the world of ours, and the more we will try to implement that absolute justice, in our world, so much more we become virtuous men c) Senses and feelings are not criteria of truth to judge all the things around since only the mind and the soul of that perfect being (god) knows the absolute truth and has his representatives that give all the oracles in Delphi and Asclepiia c) Pleasure is not a good, because it has no limits and can't be never fulfilled so, it has to be thrown in the fifth and the last category d) Our soul is immortal and with reincarnation we will born again in a new body with a mind and soul that have "oblivion", but in the meantime we will remember again - with the teachings in Plato's Academy - some of the ideas-virtues - of our past lives. And alas if your soul will be reincarnating again in the body of a woman. It would be better to be reincarnating again in the body of a dog "speaking with woof - woof"!

Thus, if you would follow Plato's' first principles and connected them with ethics you fall into the trap of becoming, in the end, a miserable stoic who measures all the things in the basis of virtue, duty, and apathy. And when we say virtue, duty and apathy means to not measure all the things with senses and feelings and for this you are doubting continuously for any established Knowledge, and of course the most important is to not accept "the atoms and the void" by Democritus and Epicurus. Thus, with these three cores of the Stoa - that is the miserable branch of the teachings by Plato - with the virtue, duty and apathy in the end, you will accept easily your fate-destiny of a violent and dishonorable death same as Socrates, Seneca and Cicero and with this death you become a martyr and a hero... and hooray, for that "great" man! Because for the evolution of our species there must be and some "useful idiots" that they should always be glorified. Since the "posthumus reputation" is a "great pleasure" for the dead martyr. Since, the dead have "feelings" and "feel the pleasure" of their deeds as they would be alive! page not found or type unknown

We are talking about for so much of an ambiguity and empty-vague ideas, and as Epicurus said: these are all the false opinions that is the source of most of the turmoil that seizes upon the souls-minds of men! 