

# **April 1, 2024 - First Monday Philosophy Discussion - Via Zoom**

**Post by “Kalosyni” of March 28, 2024 at 8:35 PM**



# First Monday Epicurean Philosophy Hour

April 1, 2024 - 8pm ET - Via Zoom



## Agenda:

- Welcome and greetings
- Short presentation by Kalosyni: "Practical Exercises in Applied Epicurean Philosophy"
- Open discussion on Epicurean philosophy



Coming up this next Monday is our First Monday Epicurean Philosophy Discussion - Via Zoom at 8pm ET -This is a great opportunity for meeting others who are also studying Epicurean

philosophy -- and we especially want to invite new members to attend!

Agenda:

1. Welcome
2. Meet-and-greet (for new members who have not previously attended a Zoom meeting).
3. Short presentation "Practical Exercises in Applied Epicurean Philosophy" by Kalosyni
4. Open Epicurean Philosophy Discussion

We'll be sure to have time open for discussion beyond the special topic, or to discuss any current popular forum threads, or questions.

If you are new or haven't attended before -- let us know if you are interested by posting in this thread or message Cassius or myself.

Previous attendees will already be on the list and will receive a private message about a day or two before the meeting which will contain the link (no need to RSVP beforehand).

Hope to see you there! 😊

---

### **Post by “Kalosyni” of April 2, 2024 at 9:44 AM**

Thank you to all who attended last night's meeting!

We had a total of seven people. I gave a short presentation on several select [Principal Doctrines](#), as translated by Long and Sedley - highlighting the importance of understanding the limits of pleasure and pain, and then we discussed how those PDs applied to everyday life.

I've posted source material from the presentation [over in this other sub-forum](#).