

Unrealistic Beauty Standards as Groundless Opinions

Post by “Kalosyni” of January 28, 2024 at 4:48 PM

For any women out there, here is a YouTube which reflects a good understanding regarding groundless opinions (which comes up in the Letter to Menoecus) which are neither natural nor necessary. This presents some practical ideas about common unrealistic beauty standards, which apply to all women no matter what race or nationality.

<https://m.youtube.com/watch?v=tpUXcOitpkE>

Post by “DavidN” of January 29, 2024 at 6:10 AM

VS 64 The esteem of others is outside our control; we must attend instead to healing ourselves.

Post by “Pacatus” of January 29, 2024 at 6:45 PM

“Women are the only exploited group in history to have been idealized into powerlessness.”
Erica Jong

(I never really read her prose – e.g. her novel *Fear of Flying* – but I have her book of selected poems, *Becoming Light*, into which I delve for inspiration now and then. “I guess the thing that I'm most proud of is that I kept on writing poetry. I understand that poetry is sort of the source of everything I do. It's the source of my creativity.” Erica Jong)