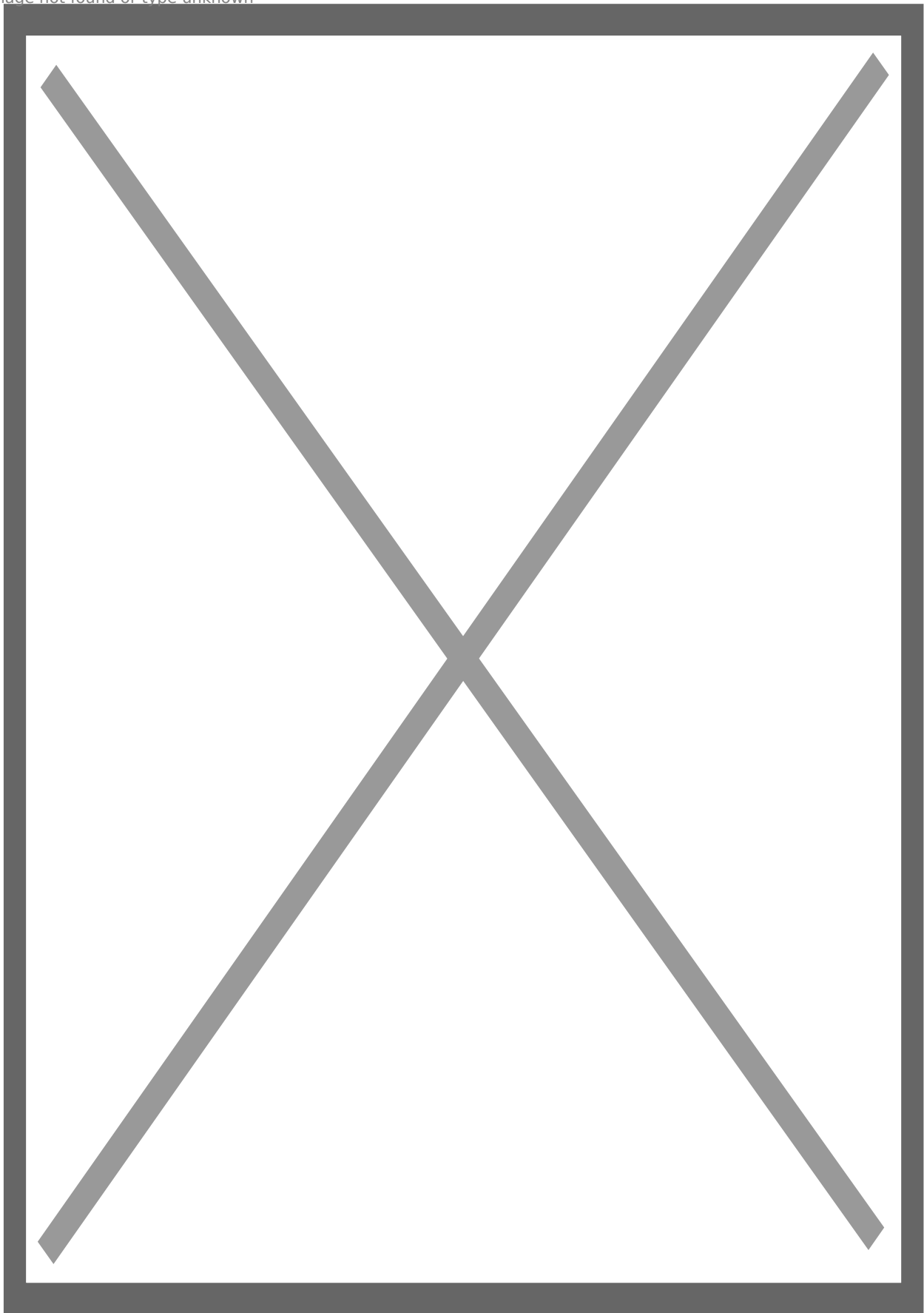


Hidden Brain episode: Enemies of Gratitude

Post by “Don” of October 27, 2023 at 2:29 PM

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[The Enemies of Gratitude | Hidden Brain Media](#)

One of the mysteries of human behavior is that it's often easier to focus on what's going wrong than on what's good in our lives. Why is that? Psychologist...
hiddenbrain.org

This podcast episode hits on a number of topics that have been being discussed on the forum recently. Definitely worth a listen!