

# VS15 - Alternate translation of VS15 / Thoughts on respect / Article

Post by “Kalosyni” of August 24, 2023 at 9:36 AM

This alternate translation of VS 15:

**15. We value our characters as our own personal possessions, whether they are good and envied by men or not. We must regard our neighbours' characters thus too, if they are respectable. - Inwood & Gerson translation.**

([Source](#))

I was contemplating respect and what causes the loss of respect, which then points to what is needed to maintain respect. Virtues help us maintain respect and maintain good connections with others, and we develop and maintain them because they lead to greater pleasure and less pain. They are practical and down-to-earth, and we don't develop them to prove we are "good".

And found an article, and here is an excerpt:

Quote

Respect forms an integral pillar in the foundation of any relationship, whether personal or professional. Without respect, trust crumbles, and connections fade. Therefore, understanding and maintaining a level of care becomes essential for personal growth, career advancement, and overall happiness. Sadly, certain habits can erode this critical value, leading to an undesirable loss of respect.

The article continues with a list of habits which erode the respect of others.

Quote

1. **Dishonesty:** Honesty remains an irreplaceable cornerstone in building respect. However, repeated acts of dishonesty, such as lying or withholding the truth, can fast-track you to losing respect. Not only does it breed mistrust, but it also questions one's integrity, making others hesitant to rely on or confide in you.
2. **Unreliability:** Promises made must be promises kept. By not honoring commitments or missing deadlines, you paint a picture of someone others can't depend on. Inconsistency undermines trust and signals that you lack respect for others' time, resources, or feelings.

3. **Interrupting Others:** Respectful communication includes active listening. Consistently interrupting or talking over others disregards their perspective and makes them feel unimportant. Show respect by allowing others to express their thoughts without intrusion.
4. **Negativity and Constant Complaining:** While everyone has bad days, a continuous stream of negativity or complaining can drain the energy of those around you. It displays a lack of adaptability and resilience, which can result in diminished respect over time.
5. **Being Judgmental:** Respect includes accepting and appreciating others' differences. By being overly critical or dismissive of others' views or lifestyles, you lack understanding and open-mindedness, resulting in a loss of respect.
6. **Disrespecting Others' Time:** Punctuality signifies respect for others' time. Habitual lateness, extended response times, or frequent rescheduling can imply that you view your time as more valuable than others.
7. **Gossiping:** Spreading rumors or discussing others' private matters creates an atmosphere of mistrust. Gossiping shows a lack of respect for the privacy of others, ultimately leading to diminished care for the gossiper.
8. **Being Arrogant or Overly Proud:** Confidence is attractive, but arrogance is off-putting. A lack of humility, exaggerated self-importance, or an inability to accept constructive criticism can decrease the respect others have for you.
9. **Ignoring or Dismissing Others' Feelings:** Empathy is crucial in human interactions. Ignoring or dismissing others' feelings shows a lack of understanding and compassion, eroding respect.
10. **Being Manipulative or Using People:** Utilizing others for personal gain without considering their feelings or interests displays a lack of empathy and respect, resulting in a similar lack of respect for you.
11. **Not Taking Responsibility for Your Actions:** Avoiding accountability or blaming others for your mistakes sends the message that you lack maturity and integrity. Taking responsibility, on the other hand, earns respect and builds trust.

## [11 Habits That Make People Lose Respect](#)