

# Retirement Wisdom podcast with Emily Austin

**Post by “Don” of March 1, 2023 at 10:28 AM**

[Living for Pleasure - Emily Austin, PhD](#)

Retire happy. Live the good life by living with more joy now. Emily Austin discusses her book Living with Pleasure on Epicurean philosophy.

[www.retirementwisdom.com](http://www.retirementwisdom.com)



Wasn't sure if we had posted this yet. Another approachable, friendly exposition of Epicureanism and its application to our lives... Now and in retirement.

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**Post by “Cassius” of March 1, 2023 at 10:38 AM**

No I was not aware that was out! Thank you!