

Forum Reorganization Update - Epicurean Self-Improvement

Post by “Cassius” of January 16, 2023 at 2:35 PM

Kalosyni's "Weight Loss" post has led me to reorganize the forums slightly and move her post and a number of other related topics into a "Self-Improvement" category. We eventually need to emphasize this topic more so we can have more discussion of "daily life" issues. It would eventually be good to organize this topic into a major project and eventually do a separate podcast or even video channel with someone hosting discussions on this global topic. This will move us more into "daily life" discussions and can cover almost anything with the notable exception of the single topic of contemporary politics which is too divisive for our purposes. Over time as we think about if anyone wants to volunteer to spearhead this let us know. We need almost a "talk-show" like personality to help us showcase this area. In the meantime here is the reorganized forum:

[Epicurean Self-Improvement](#)

Post by “Cassius” of January 17, 2023 at 11:24 AM

I think for purposes of keyword searches that we probably need the word "lifestyle" somewhere, so I've renamed the forum to "Epicurean Lifestyle and Self-Improvement."

And don't forget this:

[Quote from Cassius](#)

Over time as we think about if anyone wants to volunteer to spearhead this let us know. We need almost a "talk-show" like personality to help us showcase this area.

In the future i think we need to devote at least a regular Zoom program, preferably something we could record and distribute, that would focus on exploring normal everyday lifestyle issues. That would allow us to highlight the Epicurean twist on things without blurring into aspects that would be (for our purposes here at the forum) distracting or divisive.