

Happy Birthday General Thread

Post by “Cassius” of February 10, 2022 at 9:21 AM

This thread will contain system-generated Happy Birthday messages.

I think it probably makes sense to encourage users to use their Timelines to post just a little info about themselves, so rather than set up separate threads for each user, or post those greetings in this thread, let's allow the system to notify us of new birthdays in this thread, and then place greetings on the user timeline.

Post by “Cassius” of February 13, 2022 at 4:16 AM

Happy Birthday to SimonC! Learn more about SimonC and say happy birthday here or on the user timeline: [SimonC](#)

Post by “Cassius” of February 13, 2022 at 4:18 AM

Yes the bot seems to work! Happy birthday [SimonC](#) !

Wish him happy birthday here: [Happy Birthday SimonC!](#)

Post by “Cassius” of February 20, 2022 at 4:10 AM

Happy Birthday to Strix! Learn more about Strix and say happy birthday here or on the user timeline: [Strix](#)

Post by “Scott” of February 20, 2022 at 10:29 AM

HBD @Strix !

Post by “Cassius” of February 25, 2022 at 4:19 AM

Happy Birthday to Jasper Sky! Learn more about Jasper Sky and say happy birthday on Jasper Sky's timeline: [Jasper Sky](#)

Post by “Scott” of February 25, 2022 at 11:25 AM

HBD to you, [Jasper Sky](#) !

You're at such a great place to learn and share about Epicureanism. Please feel free to post any ideas and questions you have. From your "About Me" profile section, it seems you would likely have LOTS you could share.

Glad to have you here!

Scott

Post by “Cassius” of February 27, 2022 at 4:10 AM

Happy Birthday to Mike Anyayahan! Learn more about Mike Anyayahan and say happy birthday on Mike Anyayahan's timeline: [Mike Anyayahan](#)

Post by “Cassius” of April 14, 2022 at 4:13 AM

Happy Birthday to Hermitage! Learn more about Hermitage and say happy birthday on Hermitage's timeline: [Hermitage](#)

Post by “Cassius” of April 23, 2022 at 4:20 AM

Happy Birthday to Pacatus! Learn more about Pacatus and say happy birthday on Pacatus's timeline: [Pacatus](#)

Post by “Pacatus” of April 24, 2022 at 4:55 PM

Thanks so much!

Post by “Cassius” of April 25, 2022 at 4:16 AM

Happy Birthday to ekyrian! Learn more about ekyrian and say happy birthday on ekyrian's timeline: [ekyrian](#)

Post by “Cassius” of April 29, 2022 at 4:40 AM

Happy Birthday to Susan Hill! Learn more about Susan Hill and say happy birthday on Susan Hill's timeline: [Susan Hill](#)

Post by “Cassius” of May 15, 2022 at 4:06 AM

Happy Birthday to GilbertoMoncada! Learn more about GilbertoMoncada and say happy birthday on GilbertoMoncada's timeline: [GilbertoMoncada](#)

Post by “Cassius” of May 15, 2022 at 8:34 AM

Happy Birthday [GilbertoMoncada](#) ! if you're still receiving our messages from Epicureanfriends we'd be happy to hear from you.

Post by “Scott” of May 15, 2022 at 6:34 PM

HBD [GilbertoMoncada](#) ! 😊 😐 😊 👍

Post by “Cassius” of May 27, 2022 at 4:07 AM

Happy Birthday to Democritus! Learn more about Democritus and say happy birthday on Democritus's timeline: [Democritus](#)

Post by “Joshua” of May 27, 2022 at 12:23 PM

☐

You had me slightly confused there!

Post by “Cassius” of May 27, 2022 at 1:07 PM

Even worse this thread is "automated" so it doesn't pick up nuances like "Is this user name the real McCoy?"

Post by “Cassius” of June 25, 2022 at 4:28 AM

Happy Birthday to Scott! Learn more about Scott and say happy birthday on Scott's timeline: [Scott](#)

Post by “Cassius” of July 8, 2022 at 4:10 AM

Happy Birthday to Nate! Learn more about Nate and say happy birthday on Nate's timeline: [Nate](#)

Post by “Cassius” of July 8, 2022 at 7:11 AM

Happy Birthday Nate! Hope you are well, and thank you for all you do!

Post by “Cassius” of July 16, 2022 at 4:16 AM

Happy Birthday to RSarwark! Learn more about RSarwark and say happy birthday on RSarwark's timeline: [RSarwark](#)

Post by “Cassius” of July 19, 2022 at 4:16 AM

Happy Birthday to Charles! Learn more about Charles and say happy birthday on Charles's timeline: [Charles](#)

Post by “Cassius” of July 19, 2022 at 11:53 AM

[Charles](#) happy birthday and I hope you will soon have more time to spend with us!

Post by “Cassius” of August 10, 2022 at 4:05 AM

Happy Birthday to Friedrich Hohenstaufen! Learn more about Friedrich Hohenstaufen and say happy birthday on Friedrich Hohenstaufen's timeline: [Friedrich Hohenstaufen](#)

Post by “Cassius” of September 30, 2022 at 4:06 AM

Happy Birthday to Robert K Stock! Learn more about Robert K Stock and say happy birthday on Robert K Stock's timeline: [Robert K Stock](#)

Post by “Cassius” of October 1, 2022 at 4:07 AM

Happy Birthday to Cassius! Learn more about Cassius and say happy birthday on Cassius's timeline: [Cassius](#)

Post by “Cassius” of October 9, 2022 at 4:36 AM

Happy Birthday to ChadM! Learn more about ChadM and say happy birthday on ChadM's timeline: [ChadM](#)

Post by “Cassius” of November 12, 2022 at 4:09 AM

Happy Birthday to C. Florius Lupus! Learn more about C. Florius Lupus and say happy birthday on C. Florius Lupus's timeline: [C. Florius Lupus](#)

Post by “Cassius” of November 20, 2022 at 4:05 AM

Happy Birthday to john.smith123! Learn more about john.smith123 and say happy birthday on john.smith123's timeline: [john.smith123](#)

Post by “Cassius” of December 14, 2022 at 5:40 AM

I don't think the system has this date entered so this is a manual entry. Happy Birthday [Elli](#) ! Thanks for all you have done to assist Epicurean philosophy, and me personally, over the years!

[Log in or sign up to view](#)

See posts, photos and more on Facebook.
www.facebook.com

Post by “Elli” of December 16, 2022 at 2:31 AM

Thank you my friend, I wish you the best too. 🥰

Post by “Cassius” of December 21, 2022 at 4:34 AM

Happy Birthday to knittymom! Learn more about knittymom and say happy birthday on knittymom's timeline: [knittymom](#)

Post by “Cassius” of December 31, 2022 at 4:20 AM

Happy Birthday to Ataraxmys! Learn more about Ataraxmys and say happy birthday on Ataraxmys's timeline: [Ataraxmys](#)

Post by “Cassius” of January 15, 2023 at 4:08 AM

Happy Birthday to Onenski! Learn more about Onenski and say happy birthday on Onenski's timeline: [Onenski](#)

Post by “Joshua” of January 15, 2023 at 4:21 AM

Happy Birthday, Onenski!

Post by “Cassius” of January 15, 2023 at 6:04 AM

Yes Happy Birthday Onenski. We really appreciate your participation in the forum and our Zoom events!

Post by “Onenski” of January 15, 2023 at 8:25 AM

Thank you so much, [Cassius](#) and [Joshua](#), I really appreciate it. ☺☺

Post by “Kalosyni” of January 15, 2023 at 12:57 PM



Happy Birthday Onenski!

Post by “Onenski” of January 15, 2023 at 3:32 PM

Thank you very much for the picture, [Kalosyni](#)! ☺ It's great ☺

Post by “Cassius” of January 24, 2023 at 4:06 AM

Happy Birthday to EricR! Learn more about EricR and say happy birthday on EricR's timeline: [EricR](#)

Post by “Cassius” of January 24, 2023 at 6:43 AM

Yes a special happy birthday to @EricR. Eric has had an account here since 2016 and has been a good friend during that time, It's interesting how patterns tend to repeat, and I don't think Eric would mind my saying that he has always struck me as someone very similar to our Joshua -- similar "radio" voice, background in Buddhism, poetry, and very creative.

Post by “Kalosyni” of January 24, 2023 at 9:21 AM

Wishing you a Happy Birthday @EricR 😊

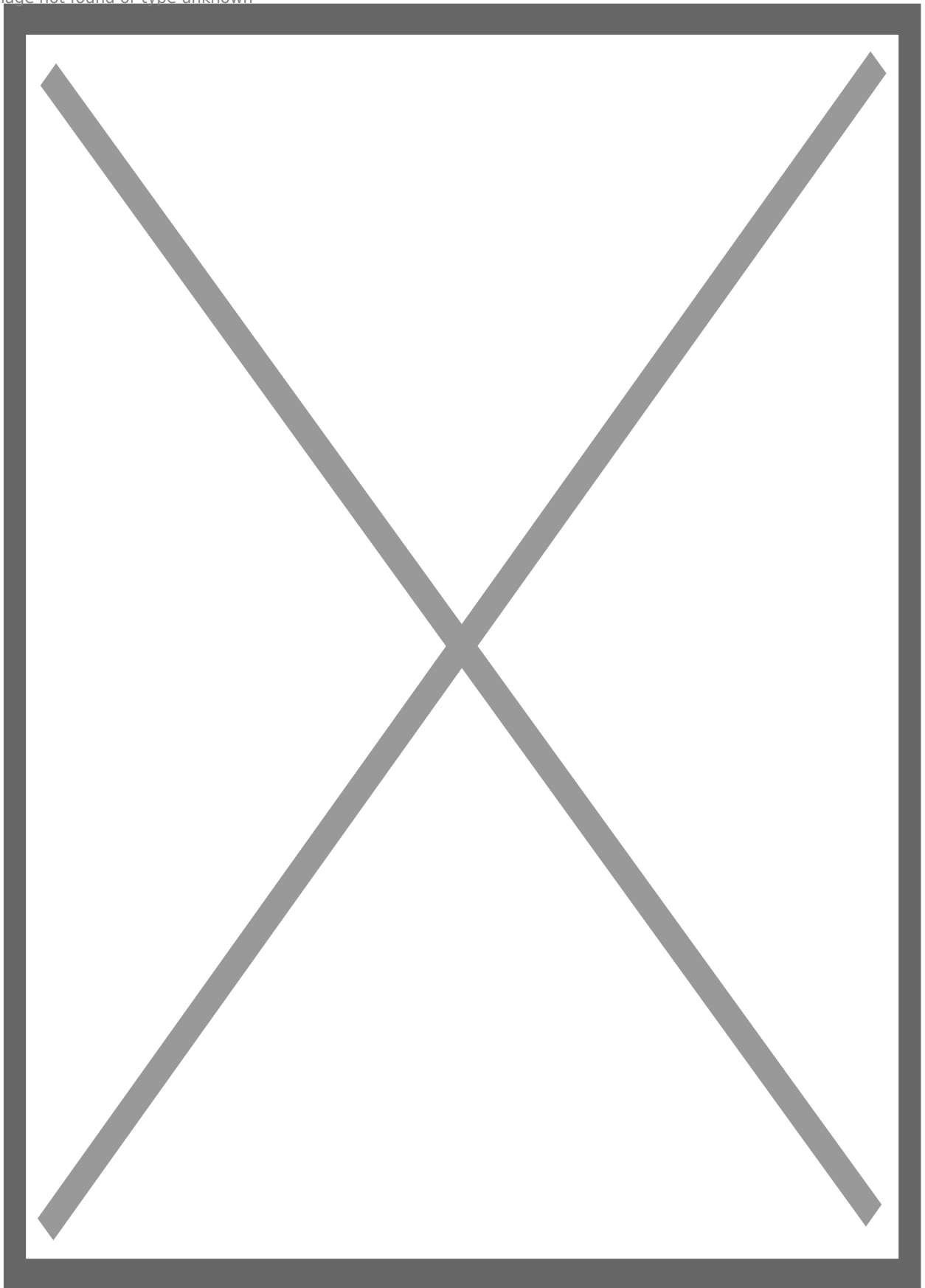


Post by “EricR” of January 25, 2023 at 8:40 AM

Thank you so much for the BD greetings. Very kind of you especially considering my...umm...lack of participation here! 😊

I also heard from another online friend who I hadn't connected with for quite some time. I've actually been somewhat out of the online picture generally for the past 2 years. I've just finally uploaded some music videos to an otherwise dormant youtube channel. There are only 2 pieces there, uploaded last week. More are coming.

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[EricR](#)

Welcome to my youtube channel. I offer original music and videos that I hope offer a momentary respite from the challenges of daily life. We are more than...

www.youtube.com

I'm also updating my old mindmuser.com website and am starting to post there. I'm really not sure what I'm going to do there, but it seems that I am drawn to offer some information I've picked up over my 67 years.

As I've said to Cassius privately in the past, I find the kindness in this group quite alluring since I am a terrible Epicurean 😊 .

I've pretty much tossed all philosophies out in favour of sorting out my own approach to life. That does not mean I don't consider various ideas, but some people are very attached to theirs. So you can imagine the kind of reaction I can expect from being so independent and declaring the value of a free mind.

Anyway, thank you so much for thinking of me.

Post by “Cassius” of January 29, 2023 at 4:07 AM

Happy Birthday to Forest! Learn more about Forest and say happy birthday on Forest's timeline:

[Forest](#)

Post by “Cassius” of February 13, 2023 at 4:20 AM

Happy Birthday to SimonC! Learn more about SimonC and say happy birthday on SimonC's timeline: [SimonC](#)

Post by “Kalosyni” of February 13, 2023 at 9:45 AM

Happy

Birthday

[SimonC](#):

Post by “Cassius” of February 20, 2023 at 4:05 AM

Happy Birthday to Strix! Learn more about Strix and say happy birthday on Strix's timeline: [Strix](#)

Post by “Cassius” of February 25, 2023 at 4:08 AM

Happy Birthday to Jasper Sky! Learn more about Jasper Sky and say happy birthday on Jasper Sky's timeline: [Jasper Sky](#)

Post by “Cassius” of February 27, 2023 at 4:09 AM

Happy Birthday to Mike Anyayahan! Learn more about Mike Anyayahan and say happy birthday on Mike Anyayahan's timeline: [Mike Anyayahan](#)

Post by “Cassius” of April 14, 2023 at 4:09 AM

Happy Birthday to Hermitage! Learn more about Hermitage and say happy birthday on Hermitage's timeline: [Hermitage](#)

Post by “Cassius” of April 23, 2023 at 4:11 AM

Happy Birthday to Pacatus! Learn more about Pacatus and say happy birthday on Pacatus's timeline: [Pacatus](#)

Post by “Kalosyni” of April 23, 2023 at 4:50 PM

Happy Birthday [Pacatus](#) 😊



Dear Pacatus,

*Wishing you
a
Happy
Birthday!*



Post by "Cassius" of April 25, 2023 at 4:05 AM

Happy Birthday to ekyrian! Learn more about ekyrian and say happy birthday on ekyrian's timeline: [ekyrian](#)

Post by “Pacatus” of May 5, 2023 at 4:26 PM

[Kalosyni](#)

Oh, thank you so very much!

Post by “Cassius” of May 10, 2023 at 4:05 AM

Happy Birthday to Sonderling! Learn more about Sonderling and say happy birthday on Sonderling's timeline: [Sonderling](#)

Post by “Kalosyni” of May 10, 2023 at 9:41 AM

Happy Birthday Sonderling! 🎈



Post by “Cassius” of May 15, 2023 at 4:23 AM

Happy Birthday to GilbertoMoncada! Learn more about GilbertoMoncada and say happy birthday on GilbertoMoncada's timeline: [GilbertoMoncada](#)

Post by “Cassius” of June 25, 2023 at 4:05 AM

Happy Birthday to Scott! Learn more about Scott and say happy birthday on Scott's timeline: [Scott](#)

Post by “Cassius” of July 8, 2023 at 4:06 AM

Happy Birthday to Nate! Learn more about Nate and say happy birthday on Nate's timeline: [Nate](#)

Post by “Cassius” of July 8, 2023 at 6:16 AM

We don't make a super big deal about birthdays here at Epicureanfriends but we do mark them in this thread. Today's birthday - Nate - is that of someone who plays an important and highly-appreciated role here, so please check out his timeline as a place to mark it - [Nate](#)

Post by “Kalosyni” of July 8, 2023 at 9:05 AM

"Let no one put off the love and practice of wisdom when young, nor grow tired of it when old. For it is never too early or too late for the health of the soul."

Happy
Birthday
NATE!



"Young or old, it is necessary to love and practice wisdom, so that in old age you can be youthful by taking joy in the good things you remember, and likewise in youth you can be mature by not fearing what will come."

Happy Birthday @Nate 😊


Post by “Onenski” of July 8, 2023 at 11:34 AM

Happy birthday, @Nate! I hope you have a great day! 🍷🍷

Post by “Eikadistes” of July 8, 2023 at 6:18 PM

[Quote from Cassius](#)

We don't make a super big deal about birthdays here at Epicureanfriends but we do mark them in this thread. Today's birthday - Nate - is that of someone who plays an important and highly-appreciated role here, so please check out his timeline as a place to mark it - [Nate](#)

Thanks to my herd for the kind remembrance. 

It is nice to have a Garden to which one belongs.

Post by “Cassius” of July 19, 2023 at 4:15 AM

Happy Birthday to Charles! Learn more about Charles and say happy birthday on Charles's timeline: [Charles](#)

Post by “Cassius” of July 19, 2023 at 6:54 AM

Happy Birthday Charles!! Hope you are doing well and not working too hard!

Post by “Onenski” of July 19, 2023 at 2:37 PM

Happy Birthday, Charles! Joy and health for you. Have a nice day! 😊

Post by “Kalosyni” of July 20, 2023 at 8:01 AM

Happy Birthday Charles!



Happy Birthday! Sorry this is a day late - hope you had a good one! (Hope to see you tonight at the 20th!)

Post by “Cassius” of August 10, 2023 at 4:17 AM

Happy Birthday to Friedrich Hohenstaufen! Learn more about Friedrich Hohenstaufen and say happy birthday on Friedrich Hohenstaufen's timeline: [Friedrich Hohenstaufen](#)

Post by “Cassius” of September 17, 2023 at 4:06 AM

Happy Birthday to Bryan! Learn more about Bryan and say happy birthday on Bryan's timeline: [Bryan](#)

Post by “Cassius” of September 17, 2023 at 6:22 AM

Just to reiterate the automatic notification, happy birthday Bryan, and it's been good to have your presence back more frequently in recent months!

Post by “Kalosyni” of September 17, 2023 at 7:34 AM



Happy Birthday Bryan!

Wishing you a Happy Birthday [Bryan](#) !! 😊

Post by “Bryan” of September 17, 2023 at 11:48 AM

Thank you both! I am looking forward to joining the meeting on the 20th.

Post by “Cassius” of September 19, 2023 at 4:07 AM

Happy Birthday to musbarton! Learn more about musbarton and say happy birthday on musbarton's timeline: [musbarton](#)

Post by “Cassius” of September 30, 2023 at 4:05 AM

Happy Birthday to Robert K Stock! Learn more about Robert K Stock and say happy birthday on Robert K Stock's timeline: [Robert K Stock](#)

Post by “Cassius” of October 1, 2023 at 4:05 AM

Happy Birthday to Cassius! Learn more about Cassius and say happy birthday on Cassius's timeline: [Cassius](#)

Post by “Kalosyni” of October 1, 2023 at 7:29 AM

Wishing you a Happy Birthday [Cassius](#)! 😊😊😊😊😊😊😊😊😊😊😊😊




**Happy Birthday
Cassius!**








Post by “Cassius” of October 1, 2023 at 7:34 AM


Thanks for the birthday wishes. Before this gets too confusing I better point people to this post from Don and my reply on my timeline here at the forum:


 Don · 2 hours ago
Shared something on on the timeline of [Cassius](#).

By Zeus! Happy Birthday, Cassius!! So, should we have "a customary celebration on the first day of the month of October" to celebrate the founder of our little online community here from now on? How have I missed that date in the past! A joyous birthday to you!


 x 1  2 comments


 React  Comment  Share




 [Cassius](#) · An hour ago

Because of your nice note I am going to tell you something I have not shared previously, but I am going to say now "publicly" and change for the record. When I set up this forum and my profile it seemed like a good idea to obfuscate my date of birth for privacy reasons. That is now going to change and this is why: (1) At this point in time the NSA and most of the rest of the world knows everything about everyone so little is served by fudging. (2) Further, I was watching a documentary the other day that reminded me of a fact that I had long forgotten: Apparently it is recorded that during the battle of Philippi my "namesake" Cassius Longinus stated that his birthday was October 3. Well in truth, and by total coincidence against odds of 365 to 1, my own birthday is in fact October 3. So I might as well let it be known that the real significance of October 3 as a day worthy of remembrance is that it is the birthday of the man who stood up to Cicero, defended Epicurus to his face, and caused Cicero to express public doubt and admit that he might have underestimated the philosophy of Epicurus. Now *that* is a man whose birthdate is worth celebrating. It will no doubt confuse the "birthday bot" here in the forum software, but I am correcting my birthday to its actual date, October 3rd, and telling this little factoid to make it more memorable in honor of the real Cassius. Cassius may have taken or been given the nickname of "liberator," but his real distinction was what he accomplished for Epicurus.

"For I hope that men generally will come to understand how much all the world hates cruelty, and how much it loves integrity and clemency, and that the blessings most eagerly sought and coveted by the bad ultimately find their way to the good. For it is hard to convince men that "the good is to be chosen for its own sake"; but that pleasure and tranquillity of mind is acquired by virtue, justice, and the good is both true and demonstrable. Why, Epicurus himself, from whom all the Catiuses and [Amafiniuses](#)  in the world, incompetent translators of terms as they are, derive their origin, lays it down that "to live a life of pleasure is impossible without living a life of virtue and justice".

 Don · An hour ago

Well played! And a fascinating historical alignment. Hey, maybe years from now there will be as much controversy on the birth date of the Cassiuses as there is on Epicurus! 

Post by "Cassius" of October 3, 2023 at 4:10 AM

Happy Birthday to Cassius! Learn more about Cassius and say happy birthday on Cassius's timeline: [Cassius](#)

Post by “Cassius” of October 9, 2023 at 4:12 AM

Happy Birthday to ChadM! Learn more about ChadM and say happy birthday on ChadM's timeline: [ChadM](#)

Post by “Cassius” of October 25, 2023 at 4:05 AM

Happy Birthday to Joshua! Learn more about Joshua and say happy birthday on Joshua's timeline: [Joshua](#)

Post by “Cassius” of October 25, 2023 at 7:12 AM

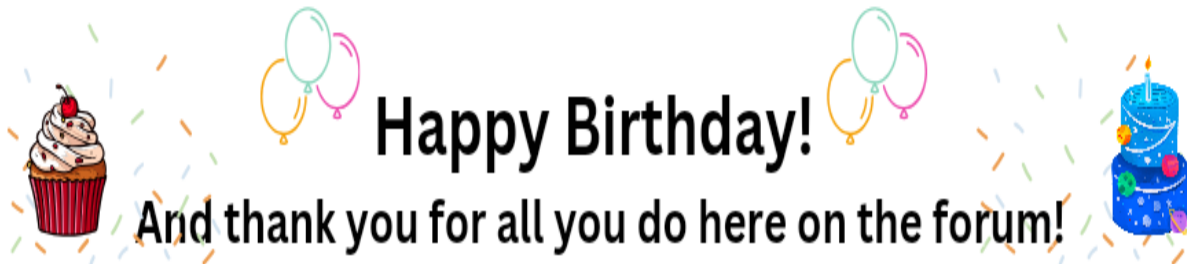
Happy birthday both to [Joshua](#) and also (if I understand correctly) Kalosyni! Two important figures for our forum in one day!

Post by “Pacatus” of October 25, 2023 at 9:08 AM

Best wishes on your birthday(s)!

Post by “Kalosyni” of October 25, 2023 at 10:26 AM

2023 LEAPING PIG AWARD



Wishing you a Happy Birthday [Joshua](#) !

Post by “Joshua” of October 25, 2023 at 11:17 AM

Thank you all!

Post by “Godfrey” of October 25, 2023 at 3:31 PM

A day full of delight to both of you, [Joshua](#) and [Kalosyni](#) !

Post by “Martin” of October 25, 2023 at 4:20 PM

Happy Birthday to Joshua and Kalosyni!

Post by “Cassius” of November 12, 2023 at 4:05 AM

Happy Birthday to C. Florius Lupus! Learn more about C. Florius Lupus and say happy birthday on C. Florius Lupus's timeline: [C. Florius Lupus](#)

Post by “Cassius” of December 21, 2023 at 4:06 AM

Happy Birthday to knittymom! Learn more about knittymom and say happy birthday on knittymom's timeline: [knittymom](#)

Post by “Cassius” of December 31, 2023 at 4:05 AM

Happy Birthday to Ataraxmys! Learn more about Ataraxmys and say happy birthday on Ataraxmys's timeline: [Ataraxmys](#)

Post by “Cassius” of January 15, 2024 at 4:08 AM

Happy Birthday to Onenski! Learn more about Onenski and say happy birthday on Onenski's timeline: [Onenski](#)

Post by “Cassius” of January 15, 2024 at 8:46 AM

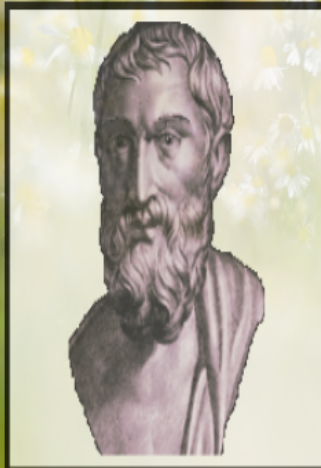
Happy Birthday Onenski! It's good to realize that some of us have many more to look forward to than do others like me! (that's a joke - just an age reference 😊)

Post by “Kalosyni” of January 15, 2024 at 1:22 PM

Happy Birthday Onenski!

"Again, the truth that pleasure is the supreme good can be most easily apprehended from the following consideration. Let us imagine an individual in the enjoyment of pleasures great, numerous and constant, both mental and bodily, with no pain to thwart or threaten them; I ask what circumstances can we describe as more excellent than these or more desirable?"

- From the Torquatus section of "On Ends"



Wishing you a Happy Birthday [Onenski](#) ! 😊

Post by “Onenski” of January 15, 2024 at 4:19 PM

Thank you very much, [Cassius](#) and [Kalosyni](#). This is for me a day of reflection about past pleasures, and an opportunity to be aware of how good is to be alive with very great people such like you, my epicurean friends. ☺

(I must admit too that I like that Epicurus' birthday and mine are so close ☺)

Post by “Godfrey” of January 15, 2024 at 5:30 PM

Happy birthday Onenski!

Post by “Pacatus” of January 16, 2024 at 6:27 PM

Happy birthday, Onenski!

Post by “Novem” of January 18, 2024 at 2:16 AM

Happy Birthday, [Onenski](#) !

Post by “Cassius” of January 24, 2024 at 4:08 AM

Happy Birthday to EricR! Learn more about EricR and say happy birthday on EricR's timeline: [EricR](#)

Post by “Cassius” of January 24, 2024 at 6:44 AM

Happy Birthday @EricR ! We've missed you around the forum!