

Welcome Paquin!

Post by "Cassius" of July 19, 2021 at 11:28 AM

Welcome [Paquin!](#)

This is the place for students of Epicurus to coordinate their studies and work together to promote the philosophy of Epicurus. Please remember that all posting here is subject to our [Community Standards / Rules of the Forum](#) our [Not Neo-Epicurean, But Epicurean](#) and our [Posting Policy statements](#) and [associated posts](#).

Please understand that the leaders of this forum are well aware that many fans of Epicurus may have sincerely-held views of what Epicurus taught that are incompatible with the purposes and standards of this forum. This forum is dedicated exclusively to the study and support of people who are committed to classical Epicurean views. As a result, this forum is not for people who seek to mix and match some Epicurean views with positions that are inherently inconsistent with the core teachings of Epicurus.

All of us who are here have arrived at our respect for Epicurus after long journeys through other philosophies, and we do not demand of others what we were not able to do ourselves. Epicurean philosophy is very different from other viewpoints, and it takes time to understand how deep those differences really are. That's why we have membership levels here at the forum which allow for new participants to discuss and develop their own learning, but it's also why we have standards that will lead in some cases to arguments being limited, and even participants being removed, when the purposes of the community require it. Epicurean philosophy is not inherently democratic, or committed to unlimited free speech, or devoted to any other form of organization other than the pursuit by our community of happy living through the principles of Epicurean philosophy.

One way you can be most assured of your time here being productive is to tell us a little about yourself and personal your background in reading Epicurean texts. It would also be helpful if you could tell us how you found this forum, and any particular areas of interest that you have which would help us make sure that your questions and thoughts are addressed.

In that regard we have found over the years that there are a number of key texts and references which most all serious students of Epicurus will want to read and evaluate for themselves. Those include the following.

1. ["Epicurus and His Philosophy"](#) by Norman DeWitt
2. ["A Few Days In Athens"](#) by Frances Wright

3. [**The Biography of Epicurus by Diogenes Laertius.**](#) This includes the surviving letters of Epicurus, including those to [Herodotus](#), [Pythocles](#), and [Menoceus](#).
4. [**"On The Nature of Things"**](#) - by Lucretius (a poetic abridgement of Epicurus' "On Nature")
5. [**"Epicurus on Pleasure"**](#) - By Boris [Nikolsky](#)
6. The chapters on Epicurus in Gosling and Taylor's "The Greeks On Pleasure."
7. [**Cicero's "On Ends" - Torquatus Section**](#)
8. [**Cicero's "On The Nature of the Gods" - Velleius Section**](#)
9. The Inscription of Diogenes of Oinoanda - [**Martin Ferguson Smith translation**](#)
10. [**A Few Days In Athens" - Frances Wright**](#)
11. Lucian Core Texts on Epicurus: (1) [**Alexander the Oracle-Monger**](#), (2) [**Hermetimus**](#)
12. [**Philodemus "On Methods of Inference"**](#) (De Lacy version, including his appendix on relationship of Epicurean canon to Aristotle and other Greeks)

It is by no means essential or required that you have read these texts before participating in the forum, but your understanding of Epicurus will be much enhanced the more of these you have read.

And time has also indicated to us that if you can find the time to read one book which will best explain [classical Epicurean philosophy](#), as opposed to most modern "eclectic" interpretations of Epicurus, that book is Norman DeWitt's ***Epicurus And His Philosophy***.

Welcome to the forum!

Not Neo-Epicurean, But Epicurean

1. Not "flourishing," "human potential," "self-actualization," or "meaningfulness," but happiness grounded in the feeling of pleasure.
2. Not "absence of pain" as a full statement of the goal of life, but "the Feelings are two, pleasure and pain" and "Pleasure is the beginning and the end of a happy life."
3. Not virtue for the sake of virtue, but virtue as instrumental for the attainment of pleasure.
4. Not "the greatest good for the greatest number," but "Every desire must be confronted with this question: What will happen to me if the object of my desire is accomplished and what if it is not?"
5. Not "humanism," "transhumanism," "individualism," "collectivism," "egoism," "altruism," "social progress," "Marxism," "democracy," "tyranny," or any "one size fits all" political ideal of any kind, but social structure based on friendship which "is formed and maintained by means of a community of life among those who have reached the fullness of pleasure."
6. Not "hard determinism," but "some things happen from necessity, some from chance, and others through our own choice."
7. Not "supernaturalism," but "materialism."
8. Not "supernatural gods," or "life after death," but confidence in a fully material universe and "for those men for whom wisdom is possible, and who do seek it, such men may truly live as gods."
9. Not only "short term hedonism," but "it is to continuous pleasures that I invite you."
10. Not "rationalism," but "all reason is dependent upon sensations."
11. Not fearful of death nor careless of losing life, but valuing life for the opportunity of pleasure it brings.

Our Posting Policy At EpicureanFriends.com:

"No Partisan Politics," "No Supernatural Religion," and "No Absolute Virtue"

This forum is dedicated to promoting the philosophy of Epicurus, and not to any partisan political positions whether "left," "right," or "center." The task of rediscovering Epicurean philosophy requires that such discussions be held elsewhere. Posts violating this rule are subject to removal.



Epicurean philosophy firmly rejects the viewpoint that there are any supernatural forces or absolute virtues or Platonic ideals of any kind. Argument which is based on supernatural claims, or "absolute" virtues or ideals of any kind, are in violation of this rule and subject to removal.

Post by "Paquin" of July 19, 2021 at 12:54 PM

Thank you for the welcome. I have arrived here after listening to a couple of your podcast episodes which I appreciated - I liked the group dynamic and also found them an enjoyable way to read On the Nature of Things, which is a book that I have been trying to read for a while. I have been interested in Epicurean philosophy since I studied a short course on Hellenistic philosophy, but admit to having had the flighty approach of the dillitante. However, I now wish to seriously look at Epicurean philosophy with a view to applying it in my own life.

Post by “Cassius” of July 19, 2021 at 3:31 PM

Thank you for letting us know that you found the site via podcast! Did you start at the beginning or recently? I hope to go back and reorganize them, and improve the presentation, over time, but I wanted us to make it through the whole book first without getting too sidetracked on the cosmetics.

At any rate thank you for joining us, and we look forward to hearing from you!

Post by “Paquin” of July 20, 2021 at 4:41 AM

I started the podcast very recently i.e. yesterday and I am working my way through from the beginning. Personally, I enjoy a number of different podcasts produced by people operating outside the normal media organisations so I am used to these podcasts' quality improving over time as the producers gain experience. Basically, I really appreciate the fact that these people are willing to share their insights and expertise with strangers.

Post by “Martin” of July 21, 2021 at 10:12 AM

Welcome Paquin!

Post by “Paquin” of July 21, 2021 at 1:16 PM

Thank you, Martin.