

# The Problem of Leaving "Ataraxia" Untranslated

Post by "Cassius" of May 6, 2020 at 10:09 AM

What bothers me most is for example here: <https://en.wikipedia.org/wiki/Ataraxia>

This entry is a series of assertions about philosophical positions - but on what is it based? I see no texts citing words of the philosophers themselves for these definitions. In describing the alleged philosophical positions we are relying entirely on the commentator as authority for his own assertions.

Given how widely differently Epicurus used the term "gods" than we use that word today, I think it is entirely possible that the common definition of ataraxia, even among Greeks, may be widely different than any particular philosopher used it.

When you go beyond the root meanings, which apparently are pretty clear: (Ataraxia (ἀταραξία, alpha privative negation of tarachê -- disturbance, trouble;[1] hence, "unperturbedness", generally translated as "imperturbability", "equanimity", or "tranquility") how do we know than any of the added attributes beyond this are what Epicurus (or any other philosopher) was saying?

For example " a lucid state of robust equanimity characterized by ongoing freedom from distress and worry. In non-philosophical usage, the term was used to describe the ideal mental state for soldiers entering battle. " REALLY? Are we really sure that a particular reference was intended to confey all this added meaning beyond just "undisturbed"?

I would think it would be much better to start with root meanings and make absolutely sure that if we add more to that, we have the addition specified by the philosopher himself, so that we do not get our conclusions polluted by commentators who may be sincere, but may be totally wrong.

Check the references to that wikipedia article. Okeefe, Warren.... In particular how it is alleged that the Epicurean view of ataraxoa revolves around katatestematic pleasures: "Katastematic pleasures were regarded to be better than kinetic pleasures by Epicurus, believing that one could feel no more pleasure than the removal of all pain."

By letting people with a particular view of Epicurus define the term which supposedly (in some people's minds) represent the goal of the philosophy you are letting them define the philosophy itself.

This is very dangerous. - to allow a single word definition to overrule and decide the outcome of every significant issue in the philosophical debate - and that's just what Jason L was suggesting yesterday - he's suggesting that we NOT translate it and just go with the definition war that is

being dominated by the O'Keefe versions of epicurean philosophy. All someone has to do is flip  
I they are - rightly - going



The problem is how Epicurus defined pleasure.

Epicurus' pleasure is not the same as the colloquial english pleasure.

It mean something very specific.

"By pleasure we mean the absence of pain in the body and of trouble in the soul." ~ Epicurus

OP said pleasure isn't Ataraxia and Epicurus clearly said it was, so it seems the issue lies with people's understanding of what pleasure is.

Towards that end it is better not to use the english word at all because Epicurus never did.

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## Post by "Cassius" of May 6, 2020 at 10:10 AM

Elli's vocabulary list -- which is excellent - but which unfortunately we cannot expect most new people to have access to:

### Vocabulary of the greek words as used by Epicurus in his letter to Meneoceus.

- Ευδαιμονία [**eudaemonía**] = well being or happiness synonym with the word «makariótita» - a description of the goal of pleasure as a natural consequence that occurs in a person **who pursues pleasure**.
- Μακαριότητα [**makariótita**] = well being synonym with the word «eudaemonía»- description of the goal of pleasure as a natural consequence that occurs in a person **who pursues pleasure**.
- Αταραξία [**ataraxía**] = without disturbance or without anxiety - description of the goal of pleasure as a natural consequence that occurs in a person **who pursues pleasure**.
- Απονία [**aponía**] = without pain – description of the goal of pleasure as a natural consequence that occurs in a person **who pursues pleasure**.
- Ηδονή [**hedoné**] = pleasure.
- Άλγος [**álgos**] = pain.
- Ταραχή [**taraché**]=disturbance or anxiety.
- Αγαθό [**agathó**] = good.
- Αρχήν [**archín**] = the beginning, or the start.
- Τέλος [**télos**] = end or aim or goal.
- Αυτάρκεια [**autárkeia**] = self sufficiency.



