

# Emotions, reason, the body and more

**Post by "Godfrey" of February 23, 2020 at 3:12 PM**

A blog post of some pertinence, it would seem:

<https://www.aestheticsofjoy.com/2020/02/7-emot...re-joyful-life/>

Particular sections of note to me are "Emotion versus reason is a fiction" and "The body leads" which I found to be nice takes on the subservience of reason and a first person description of the Canon, respectively. Written by a non-Epicurean as far as I know.

---

**Post by "Cassius" of February 23, 2020 at 5:46 PM**

That does look promising!

---

**Post by "Godfrey" of February 23, 2020 at 7:34 PM**

I've been following her blog for a few months. Her main focus is joy in terms of environment and design, but whether she's aware of it or not a lot of her research seems to parallel Epicurus.