


Pleasure slogans

Post by “Godfrey” of November 13, 2020 at 6:49 PM

- 1) Follow pleasure.
- 2) To follow pleasure is to follow the faculties.
- 3) Knowledge comes through three faculties: senses, pattern recognition, and feelings of pleasure and pain.
- 4) Balance the three faculties.
- 5) Regard reason with suspicion if it is not grounded in the faculties.
- 6) Sharpen the senses, increase the input.
- 7) Maximize the quantity of input.
-  Scrutinize all input.
- 9) Clarity of input improves overall function.
- 10) Pattern recognition is non-conscious cognition.
- 11) Pattern recognition is a bridge from input to reaction.
- 12) Open to your intuition.
- 13) Observe the guidance of your pleasures and pains.
- 14) Every pleasure is good, but not every desire: don't confuse the impulse with the faculty.
- 15) Understand the motivation and consequences of all desires.
- 16) Distinguish between utility and vanity.
- 17) Every pleasure is good, but not always chosen.
- 18) Every pain is bad, but not always avoided.
- 19) The limit of pleasure is the absence of pain, but pursuing a negative will not lead to a positive.
- 20) Pain is a faculty, experience it in its immediate fullness.
- 21) Reflect on your fear, grief and hate, and how they prevent reaching the goal.

- 22) Many pains are more than balanced by pleasure over time.
- 23) Maintain attention to present experience and perception.
- 24) Understand the implications of science.
- 25) All there is is composed of matter-energy and void, as described by physics.
- 26) The extent of the void is infinite.
- 27) The quantity of matter-energy is infinite.
- 28) Matter-energy is uncreatable and indestructible.
- 29) All there is is infinite in time.
- 30) Solid bodies are either compounds of matter-energy particles or simple matter-energy particles.
- 31) Compound bodies have emergent properties described by physics.
- 32) Life exists throughout the universe.
- 33) Evolution takes patience.
- 34) Contemplate how you came to be born at this time, in this corner of the universe.
- 35) The faculties are emergent properties of living matter.
- 36) Free will is an emergent property of living matter.
- 37) There is nothing supernatural, no ideal realm, no "higher truth".
- 38) God will not punish you or save you.
- 39) The soul is corporeal and begins and ends with the body.
- 40) In this I live, and move, and have my being.
- 41) Regularly experience awe.
- 42) Live right, don't fear death, prepare to die.
- 43) Living pleasurably requires living with prudence and virtue, and vice versa.
- 44) At all critical times connect your actions to the natural goal of life.
- 45) Success is abiding pleasure, happiness, contentment, peace.
- 46) The goal is not neutral.

- 47) Find pleasure in the journey.
- 48) There is pleasure in self-sufficiency, safety and friendship.
- 49) Periodically bask in joy.
- 50) "Truth" and "Justice" arise from pattern recognition and are not absolutes.
- 51) Justice is a covenant.
- 52) Verification and lack of evidence to the contrary establishes truth, and vice versa.
- 53) Carve out time for a hobby.
- 54) Young or old, there's no time like the present.
- 55) Life is the greatest good: practice gratitude.