

# "Facts don't care about your feelings."

**Post by "Don" of November 6, 2020 at 10:05 AM**

I've seen this quote online, and it summarizes my unease with the use of the word "feelings" in the Canon. I know I've brought this up ad nauseum but it's one aspect of Epicureanism that keep rearing its head at me and insists on being addressed before I can swim completely pleurably in Epicurean waters. I'll be frank. This is the aspect that makes me still eye Aristotle as an alternative. I don't like that, and I still find aspects of Aristotle troubling.

That thread quote is exactly my issue. Saying "feelings" makes me think we're "going with our gut" which I believe leads us down the road to "I feel it's true so it's true." I can't abide by that.

Please talk me off the Aristotelian ledge! Epicurus wasn't saying our feelings determine facts, right? We still gather objective facts about reality through our senses and mental capacity and judge our reaction to it by pleasure and pain. Is that it? Because if it's "going with your gut" and "[truthiness](#)", Aristotle is winking at me over here.