

# Epicurean Prescriptions For Dealing With Troubled Times

Post by "Cassius" of November 4, 2020 at 10:37 PM

This is what I had added earlier to the "Announcements" thread:

On days when the everyday pressures of life seem extreme, it's a particularly good time to remember Vatican Saying 78: **"The noble soul occupies itself with wisdom and friendship; of these, the one is a mortal good, the other immortal."**