

Episode Thirty-Nine - The Mind And Spirit Are Not Supernatural But Parts of A Man Just Like The Head and Foot

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I'm only about 1/2 through the episode, but it seems from LSJ that ἁρμονία harmonia is a joining together or a joint. So the harmonia/harmony being opposed is the idea that the "soul" is joined together with the body, it's something from outside the body that gets joined to the body. The Epicurean view is that the "soul" arises with the body from physical materials.

I agree with [Elayne](#) and [Charles](#) that you feel strong emotions in the chest.