

## Is [X] a waste of time?

**Post by "Godfrey" of October 1, 2020 at 4:14 PM**

"Whiplash" really is a satisfying movie on many levels: nuance despite all the drama, well written, well acted. I second the recommendation! 👍👍

I've actually been thinking of taking up the blues harmonica as a form of breath work. Much simpler than the bagpipes, but I'll be taking into account the above comments. Very timely 🤔