

# Is [X] a waste of time?

Post by “Don” of October 1, 2020 at 6:35 AM

Consider this: Those railing against some people "wasting their time" get pleasure from the sense of superiority they feel by telling people they're wasting their time.

However, I would also venture to say that that pleasure taken from feeling superior has a potential of turning into doing harm if they belittle or bully the so-called "time-wasters." I'm thinking of the stereotypical "geek" getting bullied by the "jock."

So, I'm going to also say that I would not recommend that pleasure from superiority and would place it in the category of "the pleasures of the profligate" since that feeling of superiority can lead to harm. There's nothing harmful about a sense of confidence in one's self but not a sense of superiority. This is said explicitly in Diogenes Laertius:

Quote

hatred, jealousy, and **contempt** are the motives behind the injuries that people cause each other...

There's also a cultural component. For example, video games are a "waste of time" but not sports watching. We're indoctrinated by culture to see value in some pastimes and not others. "Set sail in your own boat, free from all indoctrination."