

Is [X] a waste of time?

Post by “Godfrey” of October 1, 2020 at 1:22 AM

Personally, although some games sound interesting to me I've never been very interested in playing them. When my kids were little I tried some of their games but was always put off by the open ended nature of the games. Back then I didn't have the time to get sucked into a game; now I prefer to have some idea of the time commitment before I get involved in just about any entertainment. Even if I binge watch a show, I know beforehand how many episodes there are and how many I might watch in one sitting.

So I guess for me it comes down to a personal time commitment. I've spent many years working digitally and am all too familiar with the phenomenon of getting sucked into the screen and not coming out for hours. There's a certain pleasure to that sense of "hyper-focus," but it can also be damaging. One of the benefits of stumbling into Epicurus' garden, for me, has been in re-connecting to the pleasures of the big picture.