

# Is [X] a waste of time?

**Post by “Joshua” of September 30, 2020 at 8:45 PM**

Those are good focusing questions, Cassius. I wanted to explore the question of whether video games in broad terms are a 'waste of time'. Let us assume that this means they are unconstructive—designed not for education, or for research, or anything like that, but for mere enjoyment. I actually left the thread title vague because I think that a lot of things fall into this category—television, popular fiction, pornography, watching sports, etc.

So let's put it like this;

***Setting aside the moral aspects of the question, should an Epicurean spend large quantities of time in relatively passive content-consumption?***