

# How To Help The Forum - Start New Threads!

**Post by "Cassius" of March 26, 2018 at 5:49 AM**

At this early stage in our development one of the best things our friends here can do to help the forum is to start new threads to get discussions going. Even if you don't have answers, disagree with Epicurus on a point, or are just posting questions or unresolved thoughts, activity spurs activity, so as you have time please post! And don't worry if you don't have time for a sustained discussion when you start the topic - this forum software makes topics into what is effectively a database where time is not an issue. Discussions can go on for years as you have time, and what may seem a throwaway short post today could turn into a gem of a discussion tomorrow!