

Questions on daily routines

Post by "Cassius" of August 29, 2020 at 5:32 PM

I know currently, for me, nothing keeps me thinking about new issues (or old ones) more than the weekly Lucretius podcast. It can seem tedious to read the book alone but thinking through and talking about the implications of "why" each passage is there really helps you keep the details in perspective.

[Quote from timrobbe](#)

have a picture of Epicurus hanging on my wall and try to meditate on the philosophy on a daily basis

That's true for me too - in my case I have little statuettes of the bust of Epicurus, plus wall pictures, in various places around my home and office.