

Questions on daily routines

Post by “Cassius” of August 29, 2020 at 1:23 PM

Good to hear from you Tim. I am going to look for one or more relevant links from the past where we have discussed this, but let's also discuss this again here because it's always good to revisit this subject:

This one might be most closely on point: [Practical Daily Pleasure-- Creating Pleasurable Habits](#)

Many of the entries in this subforum are relevant: [Daily Life As An Epicurean](#)