

# Epicurean substitute for prayer

Post by "Cassius" of August 27, 2020 at 8:59 AM

[Quote from Don](#)

It's not the senses themselves that are confused but ourselves being confused about what our sensations are telling us due to our groundless beliefs.

Yes i agree with your conclusion, but I'll pick nits and smile and say that "throw your other sensations into confusion...." could be improved because the "senses" are never confused, are they? 😊