

# Life support literature based on Epicurean philosophy

**Post by "Titus" of August 9, 2020 at 3:41 PM**

I have been interested in the philosophy of Epicurus for about 10 years and at that time there were almost only collections of texts or scientific literature for sale. This has changed a lot in the meantime. There are more and more books that draw on Epicurean thought. It is the same with Stoic philosophy, only that this development started some time earlier.

If you search for Epicurus on Amazon or enter Epicureanism, there are now even guidebooks published by professional publishers. They are also available in multiple languages. I find this development amazing. However, I'm a bit critical, because it looks very much like commercialization to me.

Has anyone read any of these books? Is it worth buying them? Or can you forget about them? What is your personal opinion?

Here are some examples:

[https://www.amazon.com/How-Be-Epicurean-Ancient-Living/dp/1541672631/ref=sr\\_1\\_3?\\_mk\\_de\\_DE=ÅMÅŽÕÑ&dchild=1&keywords=Epicureanism&qid=15970013](https://www.amazon.com/How-Be-Epicurean-Ancient-Living/dp/1541672631/ref=sr_1_3?_mk_de_DE=ÅMÅŽÕÑ&dchild=1&keywords=Epicureanism&qid=15970013)

[https://www.amazon.com/Epicurus-Pleasant-Life-Philosophy-Nature/dp/9609384560/ref=sr\\_1\\_6?\\_mk\\_de\\_DE=ÅMÅŽÕÑ&dchild=1&keywords=Epicureanism&qid=1597006](https://www.amazon.com/Epicurus-Pleasant-Life-Philosophy-Nature/dp/9609384560/ref=sr_1_6?_mk_de_DE=ÅMÅŽÕÑ&dchild=1&keywords=Epicureanism&qid=1597006)

[https://www.amazon.com/Little-Book-Stoicism-Resilience-Confidence/dp/3952506907/ref=sr\\_1\\_10?\\_mk\\_de\\_DE=ÅMÅŽÕÑ&dchild=1&keywords=stoicism&qid=15970010](https://www.amazon.com/Little-Book-Stoicism-Resilience-Confidence/dp/3952506907/ref=sr_1_10?_mk_de_DE=ÅMÅŽÕÑ&dchild=1&keywords=stoicism&qid=15970010)