

# Dialogue on Katastematic Pleasure

Post by "Cassius" of February 18, 2018 at 12:34 PM

Another way of stating this issue is this:

Rather than suggesting that "absence of pain" is a complete description of the highest and best life, my contention is that the highest and best life pointed to by Epicurus was this, also from Torquatus, which is clear and needs no interpretation through logic:

*"The truth of the position that pleasure is the ultimate good will most readily appear from the following illustration. Let us imagine a man living in the continuous enjoyment of numerous and vivid pleasures alike of body and of mind, undisturbed either by the presence or by the prospect of pain. What possible state of existence could we describe as being more excellent or more desirable? One so situated must possess in the first place a strength of mind that is proof against all fear of death or of pain. He will know that death means complete unconsciousness, and that pain is generally light if long and short if strong, so that its intensity is compensated by brief duration and its continuance by diminishing severity. Let such a man moreover have no dread of any supernatural power; let him never suffer the pleasures of the past to fade away, but constantly renew their enjoyment in recollection, and his lot will be one which will not admit of further improvement."*