

# Musings on A Quick Statement of "What It Means to Be An Epicurean"

Post by "Cassius" of July 16, 2020 at 4:34 PM

Great post Eoghan. I particularly liked

[Quote from Eoghan Gardiner](#)

and to be free from the guilt of Catholicism.

It probably depends a lot on personal circumstances, and maybe this isn't as a much of a problem today as it used to be in the past, but freeing us from the guilt/domination of religion is clearly one of the most important aspects.