

# Welcome Camotero!

Post by “Mathitis Kipouros” of June 15, 2020 at 11:29 PM

## [Quote from Cassius](#)

39. The man who has best ordered the element of disquiet arising from external circumstances has made those things that he could akin to himself, and the rest at least not alien; but with all to which he could not do even this, he has refrained from mixing, and has expelled from his life all which it was of advantage to treat thus."

Thanks [Cassius](#)

First question: This is the 39th passage from what text? Are there any arguments related to it that could give a logical explanation of why this is the case?

I guess that what could bother me is if there would not be a logical path traced by the philosophy that could lead the most people to care about those who need help/guidance to get out of their dire situation, which I, somehow, and it could be my years of catholic indoctrination, believe is something that could be to the benefit/pleasure of most. I wish there were an argument in favor of this from within the philosophy. This is what [Don](#) addressed quoting something outside the philosophy.

But I do recognize that we need to be aware of the limits. I was reading the other day that "complete" communication can only happen when two people are physically together. The person talking about it, a scientist, specifically a philologist, quoted many studies that said this is empirically proven (that a message conveyed directly, looking at the other person, and their body language and gestures is more complete and better communication than just talking without being there or, I guess even worse, "texting").

So what I'm trying to say in this last paragraph is... I guess... that perhaps if all of us were aware of what's good for us, what's pleasureable and painful, we could see the pain being relieved, the pleasure being experienced, if we focused only on improving the dire situations of the people that our within our reach. So there's probably no point in starting a non profit to help the most people that you're probably never going to even meet (unless I'm going to get a lot of pleasure from the starting up of the organization, but this would be beside the point); if you don't get this pleasure, perhaps your efforts would be better spent trying to help those who are actually within your reach, if I come accross them (or seeking them if that brings you pleasure); and if you enjoyed communication, and had a pain brought to you from the awareness of the dire situation of many people, bringing this sort of arguments to the most people within our reach would be the most effective way of helping.

Is there anything said within the philosophy about spreading its message? Oh my... I didn't mean to get evangelical... it just happened. But having these arguments at hand as a reminder for yourself and in case you get in a conversation about it with a non epicurean would be very valuable.