

# **Episode Eighteen - All Things Are Not Made of Earth, Air, Fire, and Water**

**Post by "Godfrey" of May 17, 2020 at 8:28 PM**

There's a pertinent discussion of Empedocles in The Greeks on Pleasure, 1.2.1-1.2.8.

He's presented as a link between the didactic and physiological traditions, and apparently considered pleasure as a perception (aisthesis; there's some discussion of the meaning of the Greek). He's also believed to have thought of the "urge toward pleasure... (as) the natural instinct of the organism to seek its own best state."