

Burnout, Time Management, and Searching for an Epicurean Approach

Post by “Don” of May 5, 2020 at 7:21 PM

[Quote from Godfrey](#)

Laurie Anderson has a lyric to the effect that when her father died, it was if a whole library burned down.

That is so poignant, and I know exactly what you/she are talking about. I've also worked on my family history and been grateful (Isn't showing gratitude an Epicurean trait?) for the work of others. I have an unbroken chain of photos back in one line 7 generations starting with my children to my 3rd-great-grandparents born in the 1810s. I often wonder what my ancestors would think of my philosophical leanings. One of my ancestors was the first Lutheran pastor in Pennsylvania. 😊