

# Welcome Dernga!

**Post by “Dernga” of March 18, 2020 at 8:50 PM**

Hello and thank you for the warm welcome and wealth of information! I am a Business Intelligence Analyst living in the United States. I enjoy studying philosophy and science in my free time, and Epicureanism has recently caught my interest.

Most of my current knowledge of Epicureanism has come from online research combined with Catherine Wilson's *Epicureanism: A Very Short Introduction*. I am currently reading her book *How to Be an Epicurean: The Ancient Art of Living Well*. I realize that I have much more reading ahead of me to get a fuller understanding of the philosophy. The book list you provided will be an excellent place to start.

I found your forums while looking for Epicurean podcasts and groups. I have been listening to your podcast *Lucretius Today* as well as following your *Epicurean Philosophy* group on facebook. Both have helped greatly in getting a better understanding of Epicureanism.

As far as particular areas of interest go, I am mostly curious about what the application of Epicurean philosophy looks like in the modern day-to-day world. Catherine Wilson's book has definitely helped in this regard. It is something that will become clearer to me as I continue my reading and research.

Thank you again for your warm welcome, wealth of information, and book recommendations. I look forward to future forum discussions!