

## **VS11 - Translation and Commentary: VS 11**

**Post by "Cassius" of March 14, 2020 at 5:52 AM**

On rereading the post I can see why Elayne reacted the way she did, but I read the key as being in the last paragraph where I thought Eugenios [ edit - now Don] was dealing with *both* rest and action. Definitely I would not want to imply either that "rest" was preferable. I am definitely guilty of "skimming" when I read sometime, and I didn't look up the Epicurus wiki post, but I think we're all mostly and maybe totally together on this - the saying is aimed at how most people botch both rest and activity because they do not prudently follow pleasure as the guide of life.