

Welcome Eugenios!

Post by "Don" of February 25, 2020 at 9:09 PM

Peace and Safety!

It's a pleasure to have found this site and forum. It's been a long road to The Garden, but, in many ways, I feel a resonance with Epicureanism that I haven't felt in awhile. I've made my way through a number of paths. Years ago, I felt an affinity to Buddhism. More recently for various reasons, I found myself drawn to exploring ancient Greek philosophy. First, the standards (Plato, Aristotle), then the Stoics. Via the Stoics, I began reading about these Epicureans. That was an eye-opener! Ancient Greeks (and Lucretius) who spoke of atoms, of superfluous gods, of no fear of death because afterwards we don't exist, many beings on many worlds. Wow! And as I delved deeper, I found more to lure me in further. I began reading. Found Diogenes Laertius' Lives X, then Lucretius (Stalling), Diogenes Oinoanda; then DeWitt, then academic treatments like *The Ethics of Philodemus* by Tsouna; Hadot; Nussbaum's *The Therapy of Desire*; Tim O'Keefe; most recently Catherine Wilson. I'm still torn on Cicero. He's no friend to Epicureanism but he's useful. I've recently started Frances Wright.

Using the list:

- 1 The Biography of Epicurus By Diogenes Laertius (Chapter 10). This includes all Epicurus' letters and the Authorized Doctrines. Supplement with the Vatican list of Sayings.
- 2 "Epicurus And His Philosophy" - Norman DeWitt
- 3 "On The Nature of Things"- Lucretius
- 4 Cicero's "On Ends" - Torquatus Section
- 6 The Inscription of Diogenes of Oinoanda Martin Ferguson Smith translation using website.

I've also been using Epicurus' writings to study Classical Greek which has been enlightening... And fun!

In closing: May you practice well and may you your life be lived with purpose! Εὖ πράττειν καὶ Σπουδαίως ζῆν.