

Tranquility v Pleasure

Post by “Mike Anyayahan” of February 25, 2020 at 4:41 PM

[Quote from Elayne](#)

There is no such thing as too much pleasure, because then it would be pain, at the moment it is felt to be "too much"... a person will have fluctuating energy levels and intensity levels that will suit them best. Less than that intensity will leave them searching for more, due to remaining pain,

[Elayne](#) Thanks a lot. This is a crystal-clear explanation which finally removes my confusion. I see.

[Quote from Hiram](#)

Numbness is APATHEIA. Apathy. This is a Stoic ideal.

Ataraxia isn't numb, it means no-perturbations, and if we follow Epicurus' logic that all sentience is either pleasurable or painful, ataraxia would be pleasurable.

Ok. That answers my question whether or not ataraxia is pleasure.

[Quote from Cassius](#)

And so I don't think it is good terminology necessarily to say that there is something "between" pleasure and pain as much as it would to say something like "all feelings are either pleasurable or painful" which makes the point that there are no other types of feeling that don't fit under one of the two labels.

Yes Cassius. This is already clear to me. That's actually how I understand it as I used to quote Torquatus about it.