

# Tranquility v Pleasure

**Post by “Mike Anyayahan” of February 25, 2020 at 10:30 AM**

[Hiram](#) I remember there was a thread where I quoted Torquatus that pleasure is the removal of pain, and there is no state between pleasure and pain. If ataraxia is not opposed to pleasure, is it pleasure? Is it the removal of pain? For stoics, ataraxia is not the removal of pain but numbness. The pain is simply not felt, but it exists.

And if ataraxia is the removal of pain, it also means pleasure. And if ataraxia and pleasure are the same, why is there a need for these two words to exist across Epicurean texts? Why not use only either pleasure or ataraxia alone?