

# **A foodie ponders Epicurus the epicurean**

**Post by “Godfrey” of February 9, 2020 at 3:38 PM**

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This essay was a nice accompaniment to my tea and dark chocolate this morning. I enjoyed the author's discussion of pleasure, food and friendship in the Garden. He also addressed Plato nicely. I'm not so sure about his linking Epicurus to liberalism, but I really haven't given that much thought so maybe I'm exposing my ignorance. All in all, I found it a very perceptive piece that, to me, conceives of Epicurus much as we do here and states the case very well.