

Article on the "Letter to Marcella" by Porphyry

Post by "Mike Anyayahan" of February 2, 2020 at 8:46 PM

[Quote from Matt](#)

My philosophy is *no philosophy* these days. Life becomes much quieter when you don't have other people's speculations bouncing about in your consciousness.

If you refer "philisophy these days" as the mainstream academic philosophy that reduces philosophy to Philology and historicism as though there is a market of philosophical thoughts to choose from, then, I am with you. I wouldn't philosophize in that sense.

But Epicurus would think of philosophy in a different way. As I understand it, philosophy for him is a living philosophy and not a list of dead appearances of the living. Here I quote from VS 54: "It is not the pretended but the real pursuit of philosophy that is needed; for we do not need the appearance of good health but to enjoy it in truth."

In my case, my philosophy is the pleasure of learning from my experience while applying my lessons of past experiences and testing all sorts of wisdom through practice. 😊