

# Article on the "Letter to Marcella" by Porphyry

Post by "Mike Anyayahan" of February 1, 2020 at 5:53 PM

## [Quote from Cassius](#)

Excellent choice. My experience is very little with people who talk about Buddhism, but the Stoics love the term "mindfulness" so "mindset" seems a good way to distinguish it. Or simply "attitude" as I think DeWitt generally uses.

Yes Cassius. Attitude is another simple word for it. 😊

## [Quote from Matt](#)

I smell Neoplatonism cooking in here.

Yes. That's also what I observed from the sentences especially the fact that there is a higher level of ascension, and this is a typical epistemological element of Platonism and Neoplatonism.