

Attitudes: Stoic Gloom vs. Epicurean Sunshine

Post by “Mike Anyayahan” of January 22, 2020 at 9:25 AM

[Quote from Cassius](#)

The stoics were pretty clear about what they clearly were getting at, and what they were getting at was pretty repulsive, even in the form that it is used today covered over as "Therapy."

The problem with their notion of therapy is that they want people to become numb with the reality. It's a total suppression of sensation.