

Glossary - What is the Epicurean Definition of "Pleasure?"

Post by "Elayne" of January 15, 2020 at 3:55 PM

Oscar, our feelings are a response to the entire situation we are in. You said you were enjoying being at the game because of your friends-- that's pleasure.

Have you ever felt 100% neutral, absent pain or pleasure? I have not. Anhedonia, absence of pleasure, is uniformly a very miserable, painful experience, a symptom of several different mental illnesses. This idea of having neither pain nor pleasure is a myth, an abstraction, that doesn't happen in our biological reality. Feelings can be of low intensity, yes, but they are never completely gone.