

# Glossary - What is the Epicurean Definition of "Pleasure?"

Post by "Cassius" of January 15, 2020 at 11:31 AM

## [Quote from Oscar](#)

actually, on second thought, a rocking chair can probably induce ataraxia, no need to wait 😊

That's mostly a joke more than a precise philosophical statement but I "liked" it anyway 😊  
Jokes are good! 😊

## [Quote from Mike Anyayahan](#)

In other words, pleasure and happiness are not the same thing while pleasure and the absence of pain are two different states as well.

I agree that these words are not describing identical things. Whether one or more of them is a "state" however may be a different question 😊

## [Quote from Oscar](#)

I don't view life along a spectrum or continuum and I caution anyone against that notion, because such notions impeded the development of biology for millennia; formally known as the chain of being.

Maybe it would be helpful to explain that statement. All I meant by being on a spectrum is the lack of a bright line difference that distinguishes them into some kind of ideal categories, so I presume you are making another point(?)