

# Wilson (Catherine) - "How To Be An Epicurean"

Post by "Cassius" of November 15, 2019 at 3:28 PM

[Charles](#) (and to others reading this thread): I have prepared a blank outline of the book for ease of use in making notes on each section: [Outlining Catherin Wilson's "How To Be An Epicurean" - A Blank Form](#)

You can just cut and paste that outline into a new post of your own and then add your notes as you go along.

Everyone should feel free to make your own thread, preferably in this same sub-form; I would propose titles such as "**Charles**' Outline of Wilson's How To Be An Epicurean" for each thread.