

# Continuous Life Improvement

**Post by “Godfrey” of November 12, 2019 at 12:00 PM**

Rational Decisionmaking sounds rather Stoic; maybe something along the lines of "optimizing pleasure" would be a better replacement for hedonic calculus. Or "using pleasure for making decisions".

If it's not too trendy, Present Moment Physical Comfort Enhancement could become "mindfulness of pleasure".